

English File

C1

Fourth edition

Wordlist – Castellano

Here is a list of useful or new words from the *English File 4th edition Advanced Student's Book*.

adj = adjective adv = adverb n = noun n pl = plural noun phr v = phrasal verb v = verb

English	Part of speech	Pronunciation	Example sentence	Castellano	File	Section
a cold fish		/ə kəld fɪʃ/	<i>My boss is a bit of a cold fish.</i> He's unfriendly and unemotional.	un tipo frío	File 1	Vocabulary Banks – Personality
a heart of gold		/ə hɑ:t əv ɡəʊld/	<i>She's so kind and generous. She's got a heart of gold.</i>	un corazón de oro	File 1	Vocabulary Banks – Personality
a quick temper		/ə kwɪk 'tempə/	<i>My sister has a quick temper.</i> She gets angry so easily.	(tener) un carácter irascible	File 1	Vocabulary Banks – Personality
a real pain in the neck		/ə riəl peɪn ɪn ðə nek/	<i>My brother's a real pain in the neck.</i> He's so annoying.	(ser) un verdadero peñazo	File 1	Vocabulary Banks – Personality
a soft touch		/ə sɒft tʌʃ/	<i>My dad is a soft touch.</i> I can always persuade him to give me extra pocket money.	(ser) fácil de convencer	File 1	Vocabulary Banks – Personality
attention to detail		/ə 'tenʃn tə 'di:teɪl/	<i>I'm sure your work will be perfect. You've got great attention to detail.</i>	(prestar) atención al detalle	File 1	Vocabulary Banks – Personality
bright	adj	/braɪt/	<i>My daughter is a bright student</i> and gets very good marks.	brillante	File 1	Vocabulary Banks – Personality
come across	phr v	/ˌkʌm ə 'krɒs/	<i>He comes across as serious,</i> but he actually has a great sense of humour.	dar la impresión de ser	File 1	Vocabulary Banks – Personality
conscientious	adj	/kənʃi 'enʃəs/	<i>You have to be conscientious</i> and do things carefully and correctly.	conciencioso	File 1	Vocabulary Banks – Personality
deep down		/di:p daʊn/	<i>Deep down,</i> he's quite insecure.	en el fondo	File 1	Vocabulary Banks – Personality
determined	adj	/dɪ: tə'mɪnd/	<i>She's a determined girl.</i> Once she's decided to do something, nothing will stop her.	decidido	File 1	Vocabulary Banks – Personality
down to earth	adj	/daʊn tu ɜ:θ/	<i>My mum is very practical and down to earth.</i>	con los pies en la tierra	File 1	Vocabulary Banks – Personality
full of oneself	adj	/fʊl əv wʌn self/	<i>My brother thinks he's the most important person in the family.</i> He's so full of himself.	engreído	File 1	Vocabulary Banks – Personality
gentle	adj	/dʒentl/	<i>He is a calm and gentle boy.</i>	dócil	File 1	Vocabulary Banks – Personality
insecure	adj	/ɪnsɪ 'kjuə/	<i>She felt nervous and insecure.</i>	inestable	File 1	Vocabulary Banks – Personality
lift a finger		/lɪft ə 'fɪŋɡə/	<i>He never lifts a finger</i> around the house and expects the rest of us to do everything.	levantar un dedo	File 1	Vocabulary Banks – Personality
on the surface		/ɒn ðə 'sʌ:fəs/	<i>On the surface,</i> he seems quite nice.	a simple vista	File 1	Vocabulary Banks – Personality
refuse to compromise		/rɪ fju:z tə 'kɒmpromaɪz/	<i>I tried to reach an agreement, but he refused to compromise.</i>	negarse a llegar a un punto intermedio	File 1	Vocabulary Banks – Personality
resourceful	adj	/rɪ zɜ: sfl/	<i>Louise is quite resourceful.</i> She's good at solving problems.	ingenioso	File 1	Vocabulary Banks – Personality
sarcastic	adj	/sɑ: 'kæstɪk/	<i>Don't be so sarcastic!</i> That comment was very cruel.	sarcástico	File 1	Vocabulary Banks – Personality
seem self-confident		/si:m self 'kɒnfɪdənt/	<i>He may seem self-confident,</i> but he's actually quite insecure.	parecer seguro de sí mismo	File 1	Vocabulary Banks – Personality
self-sufficient	adj	/self sə 'fɪʃnt/	<i>He's very self-sufficient.</i> He never needs anyone's help.	autosuficiente	File 1	Vocabulary Banks – Personality
spontaneous	adj	/spon 'teɪniəs/	<i>I'd love to be more spontaneous</i> and not plan things in advance.	espontáneo	File 1	Vocabulary Banks – Personality
steady	adj	/ˈstedl/	<i>He's a reliable and steady guy.</i>	formal	File 1	Vocabulary Banks – Personality
straightforward	adj	/streɪt fə'wɔ:d/	<i>She's honest and straightforward</i> and says just what she thinks.	franco	File 1	Vocabulary Banks – Personality
sympathetic	adj	/sɪmpə 'θetɪk/	<i>Our manager is not very sympathetic.</i> He never tries to understand our problems.	comprensivo	File 1	Vocabulary Banks – Personality
take advantage of		/teɪk əd vɑ:ntɪdʒ əv/	<i>She's very generous and trusting so some people take advantage of her.</i>	aprovecharse de	File 1	Vocabulary Banks – Personality
tend to avoid		/tend tu ə'vɔɪd/	<i>I don't like arguing with people, so I tend to avoid</i> conflict.	tratar de evitar	File 1	Vocabulary Banks – Personality
the life and soul of the party		/ðə laɪf ən səʊl əv ðə 'pɑ:ti/	<i>My best friend is the life and soul of the party.</i> She's always making everybody laugh.	(ser) la alegría de la huerta	File 1	Vocabulary Banks – Personality
thorough	adj	/ˈθʌrə/	<i>You have to be very thorough</i> if you want to be a researcher.	riguroso	File 1	Vocabulary Banks – Personality
wouldn't hurt a fly		/ˈwʊdn't hɑ:t ə flaɪ/	<i>He seems aggressive sometimes, but in fact he wouldn't hurt a fly.</i>	no matar una mosca	File 1	Vocabulary Banks – Personality
academic qualifications	n pl	/æke demɪk kwɒlɪfɪ 'keɪʒnz/	<i>She left school at 14 without any academic qualifications.</i>	titulación académica	File 1	Vocabulary Banks – Work
apply for	v	/ə plʌz fə/	<i>I'm going to apply for</i> a job this summer.	solicitar	File 1	Vocabulary Banks – Work
be fired	v	/bi: 'faɪəd/	<i>If you keep on being late for work, you are going to be fired.</i>	ser despedido	File 1	Vocabulary Banks – Work
be laid off	phr v	/bi: leɪd əf/	<i>Many colleagues were laid off</i> when the company was restructured.	ser despedido	File 1	Vocabulary Banks – Work
be made redundant	v	/bi: meɪd rɪ dʌndənt/	<i>There has been a decrease in sales and some employees may be made redundant.</i>	ser despedido	File 1	Vocabulary Banks – Work
benefits	n pl	/ˈbendɪts/	<i>The salary is not great, but the company offers generous benefits.</i>	incentivos	File 1	Vocabulary Banks – Work
be off work	v	/bi əf wɜ:k/	<i>I'm off work</i> this week and we're going away on holiday.	tener libre	File 1	Vocabulary Banks – Work
be out of work	v	/bi aʊt əv wɜ:k/	<i>I've been out of work</i> for two months now.	estar sin trabajo	File 1	Vocabulary Banks – Work
be sacked	v	/bi sækɪ/	<i>If you don't start working harder, you'll be sacked</i> soon.	ser despedido	File 1	Vocabulary Banks – Work
career ladder	n	/kə 'riə 'leɪdə/	<i>You need to work hard if you want to move up the career ladder.</i>	escalafón profesional	File 1	Vocabulary Banks – Work
challenging	adj	/ˈtʃælɪndʒɪŋ/	<i>Teaching can be a very challenging</i> profession.	exigente	File 1	Vocabulary Banks – Work
colleague	n	/ˈkɒli:ɡ/	<i>I'm helping out a new colleague</i> at work.	compañero	File 1	Vocabulary Banks – Work

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compassionate leave	n	/kəm'pæʃənət li:v/	<i>My dad is seriously ill so I'm on compassionate leave.</i>	permiso por motivos familiares	File 1	Vocabulary Banks – Work
co-worker	n	/kəu 'wɜ:kə/	<i>My co-worker has been laid off.</i>	compañero de trabajo	File 1	Vocabulary Banks – Work
dead-end	adj	/ded 'end/	<i>She got a dead-end job at the local factory.</i>	sin porvenir	File 1	Vocabulary Banks – Work
demanding	adj	/dɪ'mɑ:ndɪŋ/	<i>Being a surgeon is very demanding because of the high pressure.</i>	exigente	File 1	Vocabulary Banks – Work
employ	v	/ɪm'plɔɪ/	<i>The new factory will employ 200 people.</i>	dar empleo	File 1	Vocabulary Banks – Work
events manager	n	/i'vents 'mænɪdʒə/	<i>I work as an events manager, organizing conferences for companies.</i>	organizador de eventos	File 1	Vocabulary Banks – Work
fast track	n	/fɑ:st træk/	<i>People with good qualifications are sometimes put on a fast track and promoted more quickly.</i>	vía rápida	File 1	Vocabulary Banks – Work
fixed-term contract	n	/fɪkst tɜ:m 'kɒntrækt/	<i>I've been offered a fixed-term contract to cover maternity leave.</i>	contrato de duración determinada	File 1	Vocabulary Banks – Work
freelance contract	n	/fri:lɑ:ns 'kɒntrækt/	<i>The company offered me a freelance contract, so I work for myself.</i>	contrato como trabajador autónomo	File 1	Vocabulary Banks – Work
full-time contract	n	/fʊl taɪm 'kɒntrækt/	<i>I've got a full-time contract. I work from nine to five, five days a week.</i>	contrato a jornada completa	File 1	Vocabulary Banks – Work
get a pay rise	v	/get ə reɪz/	<i>If you want to get a pay rise, you have to ask for one.</i>	aumento salarial	File 1	Vocabulary Banks – Work
get promoted	v	/get prə'məʊtɪd/	<i>If you want to get promoted, you have to work hard.</i>	obtener un ascenso	File 1	Vocabulary Banks – Work
high-powered	adj	/haɪ 'paʊəd/	<i>My brother has a high-powered job in finance.</i>	importante	File 1	Vocabulary Banks – Work
hire	v	/haɪə/	<i>They're looking to hire a new manager.</i>	contratar	File 1	Vocabulary Banks – Work
job-hunting	n	/dʒɒb 'hʌntɪŋ/	<i>Job-hunting can be very time-consuming.</i>	búsqueda de empleo	File 1	Vocabulary Banks – Work
maternity leave	n	/mə'tɜ:nəti li:v/	<i>She had a baby last week and she's now on maternity leave.</i>	baja por maternidad	File 1	Vocabulary Banks – Work
monotonous	adj	/mə'nəʊnəs/	<i>My job as a checkout assistant can be monotonous sometimes.</i>	monótono	File 1	Vocabulary Banks – Work
motivating	adj	/məʊtɪ'veɪtɪŋ/	<i>His talks are very motivating. You always feel you can do anything after listening to him.</i>	motivador	File 1	Vocabulary Banks – Work
part-time contract	n	/pɑ:t taɪm 'kɒntrækt/	<i>The firm has offered me a part-time contract, but I'd like to work full time.</i>	contrato a media jornada	File 1	Vocabulary Banks – Work
paternity leave	n	/pə'tɜ:nəti li:v/	<i>My manager went on paternity leave to take care of his newborn baby.</i>	permiso de paternidad	File 1	Vocabulary Banks – Work
perk	n	/pɜ:k/	<i>The company offered free health insurance as a perk.</i>	incentivo	File 1	Vocabulary Banks – Work
permanent contract	n	/pə'mænənt 'kɒntrækt/	<i>I've got a permanent contract, so my job is pretty stable.</i>	contrato indefinido	File 1	Vocabulary Banks – Work
quit	v	/kwɪt/	<i>I didn't agree with the new company policy so I decided to quit.</i>	dejar el trabajo	File 1	Vocabulary Banks – Work
repetitive	adj	/ri'petətɪv/	<i>I couldn't work on a factory production line. It's such a repetitive job.</i>	repetitivo	File 1	Vocabulary Banks – Work
resign	v	/ri'zaɪn/	<i>If they don't give me a promotion soon, I'll resign.</i>	dimitir	File 1	Vocabulary Banks – Work
rewarding	adj	/ri'wɔ:dɪŋ/	<i>I think being a nurse is a very rewarding job, as it makes you feel useful.</i>	gratificante	File 1	Vocabulary Banks – Work
sick leave	n	/sɪk li:v/	<i>Meryl isn't in the office this week. She's on sick leave.</i>	baja por enfermedad	File 1	Vocabulary Banks – Work
skills	n pl	/skɪlz/	<i>The salary will be dependent on the skills of the candidates.</i>	destrezas	File 1	Vocabulary Banks – Work
staff	n	/stɑ:f/	<i>We have 20 full-time members of staff in our department.</i>	personal	File 1	Vocabulary Banks – Work
tedious	adj	/ti'diəs/	<i>My job is not very interesting. Actually, it's quite tedious.</i>	tedioso	File 1	Vocabulary Banks – Work
temporary contract	n	/temprəri 'kɒntrækt/	<i>My first contract was a temporary contract. It didn't last too long.</i>	contrato temporal	File 1	Vocabulary Banks – Work
unpaid leave	n	/ʌnpeɪd li:v/	<i>I need a couple of months off, so I may go on unpaid leave.</i>	permiso sin sueldo	File 1	Vocabulary Banks – Work
work experience	n	/wɜ:k ɪk'spiəriəns/	<i>Have you got any relevant work experience?</i>	experiencia laboral	File 1	Vocabulary Banks – Work
workforce	n	/wɜ:k'fɔ:s/	<i>Two thirds of the workforce is female.</i>	plantilla	File 1	Vocabulary Banks – Work
work overtime	v	/wɜ:k 'əʊvətaɪm/	<i>At busy times in the office, the staff are expected to work overtime.</i>	hacer horas extras	File 1	Vocabulary Banks – Work
zero-hours contract	n	/zɪərəʊ aʊəz 'kɒntrækt/	<i>My job at the market isn't very stable. I have a zero-hours contract.</i>	contrato de cero horas	File 1	Vocabulary Banks – Work
affectionate	adj	/ə'fekʃənət/	<i>He's an affectionate and loving child.</i>	carinoso	File 1	Personality
ambitious	adj	/æm'bɪʃəs/	<i>As soon as he joined the company he was looking for a promotion. He's so ambitious.</i>	ambicioso	File 1	Personality
assertive	adj	/ə'sɑ:tɪv/	<i>You should be more assertive, otherwise people just won't listen to your ideas.</i>	asertivo	File 1	Personality
bossy	adj	/bɒsi/	<i>My older sister is a bit bossy and always tells me what to do.</i>	mandón	File 1	Personality
honest	adj	/ɒnɪst/	<i>My parents are honest people and they would never take advantage of anyone.</i>	honrado	File 1	Personality
loyal	adj	/ləʊəl/	<i>She has always been a loyal and faithful friend.</i>	leal	File 1	Personality
mature	adj	/mə'tʃʊə/	<i>My little sister is mature for her age and behaves very responsibly.</i>	maduro	File 1	Personality

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moody	adj	/ˈmuːdi/	He's so moody . I never know how he's going to react to things.	de humor cambiante	File 1	Personality
open-minded	adj	/əʊpən ˈmaɪndɪd/	It's important to be open-minded when you do research.	abierto de mente	File 1	Personality
outgoing	adj	/aʊt ɡəʊɪŋ/	She's so outgoing . She can walk into a room of strangers and immediately start a conversation.	extrovertido	File 1	Personality
patient	adj	/ˈpeɪjnt/	He's a patient teacher and doesn't mind explaining things again.	paciente	File 1	Personality
reliable	adj	/rɪ ˈlaɪəbəl/	She's a very reliable friend. You can always count on her.	de confianza	File 1	Personality
sensitive	adj	/ˈsensətɪv/	He's very sensitive to other people's feelings.	sensible	File 1	Personality
stubborn	adj	/ˈstʌbən/	It's almost impossible to change my dad's mind. He's incredibly stubborn .	terco	File 1	Personality
achievement	n	/ə ˈtʃiːvmənt/	Winning the championship was such an achievement for our team.	logro	File 2	Word building: abstract nouns
adulthood	n	/ˈædʌlthʊd/	Adulthood comes with many responsibilities and obligations.	edad adulta	File 2	Word building: abstract nouns
anger	n	/ˈæŋɡə/	Some people find it hard to express their anger .	ira	File 2	Word building: abstract nouns
belief	n	/bɪ ˈliːf/	My belief in democracy made me become a politician.	creencia	File 2	Word building: abstract nouns
boredom	n	/ˈbɔːdəm/	Please stop reading that long document. I'm going to die of boredom .	aburrimiento	File 2	Word building: abstract nouns
celebration	n	/ˈselːbrəʃn/	They organized a big celebration when they finished the project.	celebración	File 2	Word building: abstract nouns
curiosity	n	/kjuəri ˈɒsəti/	Children show curiosity about everything.	curiosidad	File 2	Word building: abstract nouns
danger	n	/ˈdeɪndʒəl/	She is now out of danger and safely on her way home.	riesgo	File 2	Word building: abstract nouns
death	n	/deθ/	Tomorrow is the anniversary of my dad's death .	fallecimiento	File 2	Word building: abstract nouns
excitement	n	/ɪk ˈsaɪtmənt/	I felt such excitement when they told me you were coming.	emoción	File 2	Word building: abstract nouns
freedom	n	/ˈfriːdəm/	She really enjoys the freedom of living alone.	libertad	File 2	Word building: abstract nouns
friendship	n	/ˈfrendʃɪp/	Their friendship began at primary school.	amistad	File 2	Word building: abstract nouns
frustration	n	/ˈfrʌ ˈstrefjʊ/	I can't stand the frustration of not being able to help.	frustración	File 2	Word building: abstract nouns
generosity	n	/dʒenə ˈrɒsəti/	Giving the homeless man £5 was a real act of generosity .	generosidad	File 2	Word building: abstract nouns
happiness	n	/ˈhæpɪnəs/	His daughter is a constant source of happiness for him.	felicidad	File 2	Word building: abstract nouns
hatred	n	/ˈheɪtrɪd/	He looked at me with hatred in his eyes.	odio	File 2	Word building: abstract nouns
illness	n	/ˈɪlənəs/	After a long period of illness , my aunt is, thankfully, getting better.	enfermedad	File 2	Word building: abstract nouns
imagination	n	/ɪmædʒɪ ˈneɪʃn/	My eldest daughter has a very vivid imagination .	imaginación	File 2	Word building: abstract nouns
improvement	n	/ɪm ˈpruːvmənt/	The economy is showing signs of improvement .	mejora	File 2	Word building: abstract nouns
kindness	n	/ˈkaɪndnəs/	I don't know why people dislike her. She's always treated me with kindness .	amabilidad	File 2	Word building: abstract nouns
loss	n	/lɒs/	I reported the loss of my suitcase at the airport help desk.	pérdida	File 2	Word building: abstract nouns
membership	n	/ˈmembəʃɪp/	I need to renew my gym membership annually.	afiliación	File 2	Word building: abstract nouns
memory	n	/ˈmeməri/	People say elephants have a good memory .	memoria	File 2	Word building: abstract nouns
neighbourhood	n	/ˈneɪbəhʊd/	We grew up together in the same neighbourhood .	barrio	File 2	Word building: abstract nouns
partnership	n	/ˈpɑːtnəʃɪp/	I set up a new business in partnership with my mum.	asociación	File 2	Word building: abstract nouns
possibility	n	/pɒsə ˈbɪləti/	There's a possibility of rain, so take an umbrella.	probabilidad	File 2	Word building: abstract nouns
relationship	n	/rɪ ˈleɪʃnʃɪp/	She has a very close relationship with her sister.	relación	File 2	Word building: abstract nouns
sadness	n	/ˈsædnəs/	She felt a deep sadness when her cat died.	tristeza	File 2	Word building: abstract nouns
shame	n	/ʃeɪm/	What a shame we got second place. We came so close to winning the cup.	lástima	File 2	Word building: abstract nouns
temptation	n	/ˈtemp ˈteɪʃn/	I couldn't resist the temptation to eat the chocolate cake.	tentación	File 2	Word building: abstract nouns
wisdom	n	/ˈwɪzdəm/	He spoke words of wisdom after a lifetime in the industry.	sabiduría	File 2	Word building: abstract nouns
bigger picture	n	/ˈbɪɡə ˈpɪktʃə/	We need to see the bigger picture and not focus on the details.	perspectiva general	File 2	Lexical areas
career move	n	/kə ˈrɪə muːv/	I don't think going freelance is a very good career move .	cambio profesional	File 2	Lexical areas
carry on	phr v	/kæri ˈɒn/	Don't stop – carry on with what you're doing.	seguir con	File 2	Lexical areas
carry out	phr v	/kæri aʊt/	He's useless. He can't even carry out simple instructions.	llevar a cabo	File 2	Lexical areas
catch (someone's) eye		/kæʃ ˈsɑːmwʌnz aɪ/	We tried to catch the waiter's eye , but he ignored us.	llamar la atención (de alguien)	File 2	Lexical areas

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come up with	phr v	/kʌm 'ʌp wɪð/	She came up with a brilliant solution to the problem.	proponer	File 2	Lexical areas
distant relatives	n pl	/ˈdɪstənt 'relatɪvz/	We've got distant relatives in Australia.	parientes lejanos	File 2	Lexical areas
dress up	phr v	/dres 'ʌp/	The children love dressing up in their grandparents' clothes.	disfrazarse	File 2	Lexical areas
follow (something) to the letter		/ˈfɒləʊ 'sʌlməʃŋ tə ðə 'letə/	I followed the instructions to the letter , but couldn't get the wi-fi to work.	seguir las instrucciones al pie de la letra	File 2	Lexical areas
go round	phr v	/gəʊ raʊnd/	Look out for the Picasso drawings when you go round the exhibition.	visitar	File 2	Lexical areas
gut feeling	n	/gʌt 'fi:lɪŋ/	I've got a gut feeling that this meeting is going to go badly.	corazonada	File 2	Lexical areas
guy	n	/gʌɪ/	I've known him since school; he's a likeable guy .	tío	File 2	Lexical areas
have (one's) nose to the grindstone		/hæv wʌnz nəʊz tə ðə 'grɪndsteɪn/	My brother's got his nose to the grindstone , revising for his exams.	hincar los codos	File 2	Lexical areas
how on earth		/haʊ ɒn ɜ:θ/	How on earth could you spend \$2,000 on a watch?	¿cómo es posible que...?	File 2	Lexical areas
hurt (someone's) feelings		/hɜ:t 'sʌmwʌnz 'fi:lɪŋz/	I'm sorry if I hurt your feelings .	herir los sentimientos (de alguien)	File 2	Lexical areas
ill-fated	adj	/ɪl 'fetɪd/	He seemed so ill-fated . He lost his job, and then his home in the same year.	desafortunado	File 2	Lexical areas
in the dead of night		/ɪn ðə ded əv naɪt/	I woke up suddenly in the dead of night – there was a noise downstairs.	en plena noche	File 2	Lexical areas
lay off	phr v	/leɪ ɒf/	A thousand workers were laid off when the factory closed.	ser despedidos	File 2	Lexical areas
make up	phr v	/meɪk ʌp/	He often makes up excuses for why he's late.	inventar	File 2	Lexical areas
on the tip of (one's) tongue		/ɒn ðə tɪp əv wʌnz tʌŋ/	It's very annoying when a word is on the tip of your tongue , but you can't quite remember it.	(tener algo) en la punta de la lengua	File 2	Lexical areas
pain in the neck		/peɪn ɪn ðə nek/	This printer is such a pain in the neck – it never works.	ser un fastidio	File 2	Lexical areas
pick up	phr v	/pɪk ʌp/	He picks up languages very easily.	aprender	File 2	Lexical areas
put off	phr v	/pʊt ɒf/	We should put off the meeting till next week.	posponer	File 2	Lexical areas
quick temper	n	/kwɪk 'tempə/	My grandfather has quite a quick temper .	(tener) genio	File 2	Lexical areas
require	v	/rɪ 'kwaɪə/	This job requires a lot of attention to detail as there's so much data to record.	requerir	File 2	Lexical areas
resemble	v	/rɪ 'zembəl/	All the children strongly resembled their mother, with their curly hair and round eyes.	parecerse a	File 2	Lexical areas
rough itinerary	n	/rʌf aɪ 'tɪnerəri/	I haven't really planned my trip yet, but I have a rough itinerary .	itinerario aproximado	File 2	Lexical areas
seek refuge	phr v	/si:k 'refju:dʒ/	After her marriage broke up, she sought refuge with friends.	buscar refugio	File 2	Lexical areas
sibling	n	/ˈsɪblɪŋ/	He was an only child, but had always wanted a sibling .	hermano/a	File 2	Lexical areas
strongly opposed		/ˈstrɒŋli ə paʊzd/	We are strongly opposed to the government's new policy.	(mostrar) una firme oposición	File 2	Lexical areas
turn out	phr v	/tɜ:n 'aʊt/	The book sounded fascinating, but it turned out to be really dull.	resultar	File 2	Lexical areas
under pressure		/ˈʌndə 'preʃə/	I'm not very good in a crisis. I hate being under pressure .	bajo presión	File 2	Lexical areas
get a life		/get ə laɪf/	He's in his 40s and still living with his parents. He needs to get a life .	espabilar y hacer algo	File 3	Vocabulary Banks – Phrases with get
get a move on		/get ə mu:v ɒn/	You should get a move on or you'll miss the train.	darse prisa	File 3	Vocabulary Banks – Phrases with get
get around	phr v	/get ə raʊnd/	The best way to get around this city is by bike.	moverse por	File 3	Vocabulary Banks – Phrases with get
get away with	phr v	/get ə weɪ wɪð/	I tried to cheat in an exam once, but I didn't get away with it.	irse de rositas	File 3	Vocabulary Banks – Phrases with get
get back to	phr v	/get bæk tə/	Please leave a message and we'll get back to you as soon as possible.	devolver (una llamada)	File 3	Vocabulary Banks – Phrases with get
get behind	phr v	/get bɪ haɪnd/	Let me know if you get behind with your work and I'll help you.	ir retrasado	File 3	Vocabulary Banks – Phrases with get
get by	phr v	/get baɪ/	My salary is not enough to get by on.	arreglárselas	File 3	Vocabulary Banks – Phrases with get
get down	phr v	/get daʊn/	Does the bad weather ever get you down ?	deprimirse	File 3	Vocabulary Banks – Phrases with get
get hold of	phr v	/get həʊld əv/	I need to speak to Lou, but I can't get hold of her.	ponerse en contacto con	File 3	Vocabulary Banks – Phrases with get
get into	phr v	/get ɪntə/	What's the best way to get into politics?	meterse en	File 3	Vocabulary Banks – Phrases with get
get into trouble (with)	phr v	/get ɪntə 'trʌbl wɪð/	You'll get into trouble with your mum if she finds out you took her car.	meterse en un lío	File 3	Vocabulary Banks – Phrases with get
get on	phr v	/get ɒn/	Your grandfather must be getting on a bit. Isn't he in his 80s now?	tener una edad	File 3	Vocabulary Banks – Phrases with get
get (one's) act together		/get wʌnz ækt tə 'geðə/	She needs to get her act together and start looking for a job.	organizarse	File 3	Vocabulary Banks – Phrases with get
get (one's) own way		/get wʌnz əʊn weɪ/	She's quite bossy and tends to get her own way .	salirse con la suya	File 3	Vocabulary Banks – Phrases with get
get on like a house on fire		/get ɒn laɪk ə haʊs ɒn 'faɪə/	I introduced them last month and now they get on like a house on fire .	llevarse de maravilla	File 3	Vocabulary Banks – Phrases with get
get on my nerves		/get ɒn maɪ nə:vz/	I find children really irritating. They just get on my nerves .	sacar de quicio	File 3	Vocabulary Banks – Phrases with get

English File

C1

Fourth edition

Wordlist – Castellano

Here is a list of useful or new words from the *English File 4th edition Advanced Student's Book*.

adj = adjective adv = adverb n = noun n pl = plural noun phr v = phrasal verb v = verb

English	Part of speech	Pronunciation	Example sentence	Castellano	File	Section
get on with (something)	phr v	/get on wɪð 'sʌmθɪŋ/	I'll leave you now. I need to get on with some work.	seguir con (algo)	File 3	Vocabulary Banks – Phrases with get
get out of	phr v	/get aʊt əv/	My brother always gets out of doing his share of the housework.	librarse de	File 3	Vocabulary Banks – Phrases with get
get out of the way		/get aʊt əv ðə weɪ/	He wouldn't get out of the way , so I got stuck behind him.	quitarse de en medio	File 3	Vocabulary Banks – Phrases with get
get over	phr v	/get 'əʊvəl/	It took him more than a year to get over their break-up.	superar	File 3	Vocabulary Banks – Phrases with get
get real		/get 'riəl/	You want a well-paid job in a big company, but you won't even do your homework. Get real!	abrir los ojos	File 3	Vocabulary Banks – Phrases with get
get rid of	phr v	/get rɪd əv/	I can't get rid of that painting because it was a wedding present.	deshacerse de	File 3	Vocabulary Banks – Phrases with get
get the chance		/get ðə tʃɑ:ns/	I didn't get the chance to speak to him.	tener la oportunidad	File 3	Vocabulary Banks – Phrases with get
get the impression		/get ði ɪm preʃn/	Did you get the impression they didn't like our present?	tener la impresión	File 3	Vocabulary Banks – Phrases with get
get the joke		/get ðə dʒəʊk/	Everyone laughed except you. Didn't you get the joke ?	coger el chiste	File 3	Vocabulary Banks – Phrases with get
get the message		/get ðə 'mesɪdʒ/	I told him to leave us alone, but he didn't get the message .	captar el mensaje	File 3	Vocabulary Banks – Phrases with get
get the wrong end of the stick		/get ðə rɒŋ end əv ðə stɪk/	He got the wrong end of the stick and went to the bus station instead of the train station.	entender mal	File 3	Vocabulary Banks – Phrases with get
get through to	phr v	/get θru: tə/	It is very difficult to get through to him – he just doesn't seem to understand.	hacerse entender	File 3	Vocabulary Banks – Phrases with get
get together with		/get tə geðə wɪð/	How often do you get together with your extended family?	reunirse con	File 3	Vocabulary Banks – Phrases with get
get to know	phr v	/get tə nəʊ/	I'm sure you'll like him once you get to know him.	llegar a conocer	File 3	Vocabulary Banks – Phrases with get
get your own back	phr v	/get ʃɔ: r əʊn bæk/	I'll get my own back on him one day and take revenge.	devolvérsela a (alguien)	File 3	Vocabulary Banks – Phrases with get
mother-in-law	n	/ 'mʌðər ɪn lɔ:/	My mother-in-law gave me an awful painting as a wedding present.	suegra	File 3	Vocabulary Banks – Phrases with get
not getting anywhere		/nɒt 'getɪŋ 'eniweə/	I'm not getting anywhere with this crossword. It's too hard.	no avanzar	File 3	Vocabulary Banks – Phrases with get
obligation	n	/əblɪ 'geɪʃn/	I didn't do it because I had no obligation .	obligación	File 3	Vocabulary Banks – Phrases with get
recover from	v	/rɪ 'kʌvə frəm/	It took him a long time to recover from the death of his friend.	reponerse	File 3	Vocabulary Banks – Phrases with get
ally	n	/ 'æliət/	They were loyal allies during the war.	aliado	File 3	Vocabulary Banks – Conflict and warfare
armed forces	n pl	/ə 'mɪd 'fɔ:sz/	The armed forces helped the emergency services during the crisis.	fuerzas armadas	File 3	Vocabulary Banks – Conflict and warfare
blow up	v	/blaʊ ʌp/	The rebels decided to blow up the airport runway.	volar	File 3	Vocabulary Banks – Conflict and warfare
break out	v	/breɪk aʊt/	If war breaks out , there will be thousands of refugees trying to escape the fighting.	estallar	File 3	Vocabulary Banks – Conflict and warfare
capture	v	/ 'kæptʃə/	The army captured over 300 rebels.	capturar	File 3	Vocabulary Banks – Conflict and warfare
casualty	n	/ 'kæʒuəlti/	There were thousands of casualties in the attack.	víctimas	File 3	Vocabulary Banks – Conflict and warfare
ceasefire	n	/ 'si:saɪə/	The armies agreed on a temporary ceasefire .	alto el fuego	File 3	Vocabulary Banks – Conflict and warfare
civilian	n	/sə 'vɪliən/	Many civilians who were not involved in the fighting were injured.	civil	File 3	Vocabulary Banks – Conflict and warfare
civil war	n	/ 'sɪvl wɔ:/	The population was exhausted after ten years of civil war .	guerra civil	File 3	Vocabulary Banks – Conflict and warfare
commander	n	/kə 'mɑ:ndə/	A commander is an officer in charge of a group of soldiers or a military operation.	comandante	File 3	Vocabulary Banks – Conflict and warfare
coup	n	/ku:/	He seized power in a military coup .	golpe de estado	File 3	Vocabulary Banks – Conflict and warfare
declare	v	/dɪ 'kleə/	The government declared war.	declarar	File 3	Vocabulary Banks – Conflict and warfare
defeat	v	/dɪ 'fi:t/	They finally defeated the enemy.	derrotar	File 3	Vocabulary Banks – Conflict and warfare
execute	v	/ 'eksɪkjʊ:t/	They executed the rebel leader.	ejecutar	File 3	Vocabulary Banks – Conflict and warfare
forces	n pl	/ 'fɔ:sz/	My dad is a member of the security forces .	fuerzas	File 3	Vocabulary Banks – Conflict and warfare
loot	v	/lu:t/	During the riot, many shops were looted .	saquear	File 3	Vocabulary Banks – Conflict and warfare
missile	n	/ 'mɪsaɪl/	A missile fell on the city, destroying many buildings.	misil	File 3	Vocabulary Banks – Conflict and warfare
overthrow	v	/əʊvə 'θraʊ/	The rebels are trying to overthrow the government.	derrocar	File 3	Vocabulary Banks – Conflict and warfare
peace-keeping forces	n pl	/ pi:s ki:piŋ 'fɔ:sz/	After the war, peace-keeping forces remained present for several months.	fuerzas encargadas del mantenimiento de la paz	File 3	Vocabulary Banks – Conflict and warfare
prisoner	n	/ 'prɪznə/	The rebel soldiers took hundreds of prisoners .	prisionero	File 3	Vocabulary Banks – Conflict and warfare
rebel	n	/ 'rebl/	Armed rebels advanced towards the city.	rebeldes	File 3	Vocabulary Banks – Conflict and warfare
rebellion	n	/rɪ 'beljən/	After years of dramatic cuts in spending, part of the population rose in rebellion .	rebelión	File 3	Vocabulary Banks – Conflict and warfare
refugee	n	/ 'refju: dʒi:/	There was a steady flow of refugees from the war zone.	refugiado	File 3	Vocabulary Banks – Conflict and warfare
release	v	/rɪ 'li:s/	The army released most of the prisoners.	liberar	File 3	Vocabulary Banks – Conflict and warfare

English File

C1

Fourth edition

Wordlist – Castellano

Here is a list of useful or new words from the *English File 4th edition Advanced Student's Book*.

adj = adjective adv = adverb n = noun n pl = plural noun phr v = phrasal verb v = verb

English	Part of speech	Pronunciation	Example sentence	Castellano	File	Section
retreat	v	/rɪˈtri:t/	The army was forced to retreat .	retirarse	File 3	Vocabulary Banks – Conflict and warfare
revolution	n	/rɪvəˈlu:ʃn/	Things have got so bad that the country is on the verge of revolution .	revolución	File 3	Vocabulary Banks – Conflict and warfare
security forces	n	/ˈsɪz sɪˈkjʊərəti/	As a member of the security forces , my aunt deals with a lot of confidential information.	fuerzas de seguridad	File 3	Vocabulary Banks – Conflict and warfare
shell	v	/ʃel/	The army started to shell the rebels as they retreated.	bombardear	File 3	Vocabulary Banks – Conflict and warfare
siege	n	/siˈdʒ/	The siege of the city finally ended after two months.	sitio	File 3	Vocabulary Banks – Conflict and warfare
sniper	n	/ˈsnæpə/	Two soldiers were killed by snipers hidden in the trees.	francotirador	File 3	Vocabulary Banks – Conflict and warfare
surrender	v	/səˈrendə/	After months of fighting, the rebels surrendered .	rendirse	File 3	Vocabulary Banks – Conflict and warfare
survivor	n	/səˈvaɪvə/	There were no survivors of the attack.	superviviente	File 3	Vocabulary Banks – Conflict and warfare
the wounded	n pl	/ðəˈwu:ndɪd/	There was an on-site hospital for the wounded .	los heridos	File 3	Vocabulary Banks – Conflict and warfare
treaty	n	/ˈtri:ti/	They signed a peace treaty at the end of the war.	tratado	File 3	Vocabulary Banks – Conflict and warfare
troops	n pl	/truːps/	The president has decided to send in more troops .	tropas	File 3	Vocabulary Banks – Conflict and warfare
get a flight	v	/get əˈflaɪt/	I had to get a flight a day after a plane crash. I almost cancelled it!	coger un vuelo	File 3	Get
get (a room) decorated		/get ə ruːmˈdekəreɪtɪd/	We're getting the bathroom decorated at the moment.	reformat una habitación	File 3	Get
get caught	v	/get kɔ:t/	I cheated in an exam once, but luckily I didn't get caught .	ser cogido	File 3	Get
get me down	phr v	/get miːˈdaʊn/	We're having so many family problems at the moment, it's really getting me down .	deprimir	File 3	Get
get on	phr v	/get ɒn/	We get on very well most of the time.	llevarse bien	File 3	Get
get presents	v	/get prɪˈzents/	Children love getting presents at Christmas.	recibir regalos	File 3	Get
get somebody to come		/get ˈsʌmbədi tə kʌm/	We got somebody to come and fix the kitchen light.	llamar a alguien para que venga	File 3	Get
get someone to do (something)		/get ˈsʌmwʌn tə duː ˈsʌmtɪŋ/	What kind of things did your parents get you to do around the house?	obligar a alguien a hacer (algo)	File 3	Get
get stopped	v	/get stɒpt/	I never get stopped by the police because I'm a careful driver.	ser parado (por)	File 3	Get
get together	phr v	/get təˈgeðə/	We got together when we were at university.	juntarse	File 3	Get
get to know	phr v	/get tə nəʊ/	It's much easier to get to know somebody in real life than online.	llegar a conocer	File 3	Get
get your hair cut		/get jə heə kʌt/	How often do you usually get your hair cut ?	cortarse el pelo	File 3	Get
amused	adj	/əˈmju:zd/	They were amused by his stories.	divertido	File 4	Vocabulary Banks – Sounds and the human voice
bang	n	/bæŋ/	Did you hear that bang ? It sounded like a gun.	golpe	File 4	Vocabulary Banks – Sounds and the human voice
blow	v	/bləʊ/	I hate when people blow their nose in public.	sonarse	File 4	Vocabulary Banks – Sounds and the human voice
brakes	n pl	/breɪks/	The car stopped with a screech of brakes .	frenos	File 4	Vocabulary Banks – Sounds and the human voice
buzz	n	/bʌz/	I could hear the buzz of a fly.	zumbido	File 4	Vocabulary Banks – Sounds and the human voice
click	v	/kɪk/	Click on the print icon to get a copy.	hacer clic	File 4	Vocabulary Banks – Sounds and the human voice
crash	n	/kræʃ/	She heard the loud crash of a tree falling down.	estrépito	File 4	Vocabulary Banks – Sounds and the human voice
creak	v	/kri:k/	I heard a floorboard creak and I knew she was coming in late.	crujir	File 4	Vocabulary Banks – Sounds and the human voice
crisp	adj	/kɪsp/	I love walking through the crisp snow.	crujiente	File 4	Vocabulary Banks – Sounds and the human voice
crunch	n	/krʌnʃ/	I love hearing the crunch of my feet walking through the snow.	crujido	File 4	Vocabulary Banks – Sounds and the human voice
drip	v	/drɪp/	Please turn the tap off properly or it will drip .	gotear	File 4	Vocabulary Banks – Sounds and the human voice
frightened	adj	/ˈfraɪnd/	Don't be frightened . The dog won't hurt you.	asustado	File 4	Vocabulary Banks – Sounds and the human voice
giggle	v	/ˈgɪɡl/	They giggled nervously as they waited for their turn.	reír	File 4	Vocabulary Banks – Sounds and the human voice
groan	v	/ɡrəʊn/	He groaned with pain.	gemir	File 4	Vocabulary Banks – Sounds and the human voice
hiss	n	/hɪs/	Did you hear the snake's hiss ?	siseo	File 4	Vocabulary Banks – Sounds and the human voice
hoot	v	/hu:t/	I hate people who hoot at me when I slow down at an amber light.	tocar la bocina	File 4	Vocabulary Banks – Sounds and the human voice
hum	v	/hʌm/	I began to hum along with the music.	canturrear	File 4	Vocabulary Banks – Sounds and the human voice
mumble	v	/ˈmʌmbəl/	She mumbled a few words and left.	musitar	File 4	Vocabulary Banks – Sounds and the human voice
rattle	v	/ˈrætl/	Every time a bus goes by, the windows rattle .	vibrar	File 4	Vocabulary Banks – Sounds and the human voice
relieved	adj	/rɪˈli:v/	She sounded relieved when I told her I had got a job.	aliviado	File 4	Vocabulary Banks – Sounds and the human voice

English File

C1

Fourth edition

Wordlist – Castellano

Here is a list of useful or new words from the *English File 4th edition Advanced Student's Book*.

adj = adjective adv = adverb n = noun n pl = plural noun phr v = phrasal verb v = verb

English	Part of speech	Pronunciation	Example sentence	Castellano	File	Section
roar	n	/rɔ:/	We could hear the roar of the crowd in the football stadium.	clamor	File 4	Vocabulary Banks – Sounds and the human voice
scream	v	/skri:m/	The boy screamed when he fell.	gritar	File 4	Vocabulary Banks – Sounds and the human voice
screech	n	/skri:tʃ/	I heard the screech of brakes as the bus driver tried to stop.	chirrido	File 4	Vocabulary Banks – Sounds and the human voice
sigh	v	/saɪ/	He sighed deeply at the thought.	suspirar	File 4	Vocabulary Banks – Sounds and the human voice
slam	v	/slæm/	Please don't slam the door.	golpear	File 4	Vocabulary Banks – Sounds and the human voice
slurp	v	/slɜ:p/	It's rude to slurp your soup.	sorber	File 4	Vocabulary Banks – Sounds and the human voice
sniff	v	/sntf/	Don't sniff ! Get a tissue and blow your nose!	sorberse los mocos	File 4	Vocabulary Banks – Sounds and the human voice
snore	v	/sno:/	I can't share a room with you if you snore .	roncar	File 4	Vocabulary Banks – Sounds and the human voice
sob	v	/sob/	A child was sobbing loudly when I walked in.	sollozar	File 4	Vocabulary Banks – Sounds and the human voice
splash	v	/splæʃ/	She screamed when her friend splashed her in the swimming pool.	salpicar	File 4	Vocabulary Banks – Sounds and the human voice
stammer	v	/ˈstæmə/	My friend stammers when he gets nervous and it's hard to understand him.	tartamudear	File 4	Vocabulary Banks – Sounds and the human voice
stutter	v	/ˈstʌtə/	His anxiety affected his speech and he stuttered into the microphone.	tartamudear	File 4	Vocabulary Banks – Sounds and the human voice
tap	v	/tæp/	When I'm nervous I often tap my fingers on the table.	golpear suavemente	File 4	Vocabulary Banks – Sounds and the human voice
terrified	adj	/ˈterfaɪd/	I was terrified when they told me I had to do another test.	aterorizado	File 4	Vocabulary Banks – Sounds and the human voice
tick	n	/tɪk/	This clock has a very loud tick .	tictac	File 4	Vocabulary Banks – Sounds and the human voice
tune	n	/tju:n/	Please stop humming that tune .	melodía	File 4	Vocabulary Banks – Sounds and the human voice
whisper	v	/ˈwɪspə/	It's rude to whisper .	susurrar	File 4	Vocabulary Banks – Sounds and the human voice
whistle	v	/ˈwɪsl/	I can whistle a little bit, but I can't really whistle a whole song.	silbar	File 4	Vocabulary Banks – Sounds and the human voice
yell	v	/jel/	Please don't yell at me. It wasn't my fault.	gritar	File 4	Vocabulary Banks – Sounds and the human voice
creepy	adj	/ˈkri:pi/	A ghostly atmosphere made the film too creepy for me.	espeluznante	File 4	Describing books and films
fast-moving	adj	/fɑ:stˈmu:vɪŋ/	Action movies tend to rely on fast-moving stories.	rápido	File 4	Describing books and films
gripping	adj	/ˈgrɪpɪŋ/	It was such a gripping story. I got really hooked.	apasionante	File 4	Describing books and films
haunting	adj	/ˈho:ntɪŋ/	It was a haunting story – frightening and sad. It won't be easy to forget.	inolvidable	File 4	Describing books and films
heart-warming	adj	/ˈhɑ:tˌwɔ:mɪŋ/	The film was so heart-warming that it restored my faith in human nature.	conmovedor	File 4	Describing books and films
heavy-going	adj	/ˈheviˈɡəʊɪŋ/	The film was so heavy-going that I didn't finish watching it.	denso	File 4	Describing books and films
implausible	adj	/ɪmˈplɔ:zəbl/	The story was highly implausible . I didn't believe it for a minute.	inverosímil	File 4	Describing books and films
intriguing	adj	/ɪnˈtrɪɡɪŋ/	The plot was really intriguing . I couldn't put the book down.	intrigante	File 4	Describing books and films
moving	adj	/ˈmu:vɪŋ/	The film was so moving it brought tears to my eyes.	emotivo	File 4	Describing books and films
thought-provoking	adj	/ˈθɔ:tˌprɔːˈvɔʊkɪŋ/	It's a thought-provoking essay. It raises many interesting questions.	que hace reflexionar	File 4	Describing books and films
a matter of time		/əˈmætə əv taɪm/	I'm sure you'll find a job. It's just a matter of time .	una cuestión de tiempo	File 5	Vocabulary Banks – Expressions with time
any time from		/əni taɪm frəm/	You can come any time from 10 a.m. to 2 p.m.	en cualquier momento	File 5	Vocabulary Banks – Expressions with time
at the time		/ət ðə taɪm/	I missed the birth of my first child. I was on a plane at the time .	en aquel momento	File 5	Vocabulary Banks – Expressions with time
at times		/ət taɪmz/	She can be bad-tempered at times .	a veces	File 5	Vocabulary Banks – Expressions with time
before my time		/bɪˈfoːmaɪ taɪm/	I've never heard of that singer. She must have been before my time .	anterior a mi época	File 5	Vocabulary Banks – Expressions with time
behind the times		/bɪˈhaɪnd ðə taɪmz/	He's a bit behind the times . He still thinks men should wear a suit at work.	chapado a la antigua	File 5	Vocabulary Banks – Expressions with time
by the time		/baɪ ðə taɪm/	By the time we got to the station, the train had left.	cuando	File 5	Vocabulary Banks – Expressions with time
for the time being		/fɔːðə taɪm biːɪŋ/	You can stay here for the time being .	de momento	File 5	Vocabulary Banks – Expressions with time
from time to time		/frəm taɪm tə taɪm/	I eat out at restaurants from time to time .	de vez en cuando	File 5	Vocabulary Banks – Expressions with time
give (someone) a hard time		/ɡɪvˈsʌmwʌn ə hɑ:d taɪm/	If I'm late again, Dad will give me a hard time .	regañar	File 5	Vocabulary Banks – Expressions with time
have the time of your life		/hæv ðə taɪm əv jɔː laɪf/	New York is such a fantastic city. You are going to have the time of your life .	pasárselo de maravilla	File 5	Vocabulary Banks – Expressions with time
in no time		/ɪn nəʊ taɪm/	I thought it would take me ages, but in fact I finished it in no time .	en nada	File 5	Vocabulary Banks – Expressions with time
in time for		/ɪn taɪm fɔ:/	We arrived in time for his speech.	a tiempo para	File 5	Vocabulary Banks – Expressions with time
it's about time		/ɪts ə baʊt taɪm/	You've had that computer for ages. It's about time you got a new one.	ya es hora de	File 5	Vocabulary Banks – Expressions with time

English File

C1

Fourth edition

Wordlist – Castellano

Here is a list of useful or new words from the *English File 4th edition Advanced Student's Book*.

adj = adjective adv = adverb n = noun n pl = plural noun phr v = phrasal verb v = verb

English	Part of speech	Pronunciation	Example sentence	Castellano	File	Section
kill time		/kɪl taɪm/	I do crosswords to kill time while I wait at the airport.	matar el tiempo	File 5	Vocabulary Banks – Expressions with <i>time</i>
make up for lost time		/meɪk ʌp fə lɒst taɪm/	I'll have to work hard now to make up for lost time .	recuperar el tiempo perdido	File 5	Vocabulary Banks – Expressions with <i>time</i>
me time	n	/mi taɪm/	I go shopping when I want some me time .	tiempo para mí	File 5	Vocabulary Banks – Expressions with <i>time</i>
one thing at a time		/wʌn θɪŋ ət ə taɪm/	Don't try to multitask. Just do one thing at a time .	una cosa a la vez	File 5	Vocabulary Banks – Expressions with <i>time</i>
on time	adv	/ɒn taɪm/	We expect staff to be on time every morning.	puntual	File 5	Vocabulary Banks – Expressions with <i>time</i>
run out of time		/rʌn aʊt ɒv taɪm/	If we take too long at the museum, we'll run out of time .	quedarse sin tiempo	File 5	Vocabulary Banks – Expressions with <i>time</i>
save time		/seɪv taɪm/	Take the motorway if you want to save time . It's quicker.	ahorrar tiempo	File 5	Vocabulary Banks – Expressions with <i>time</i>
short of time		/ʃɔ:t ɒv taɪm/	I'd love to help you out, but I'm a little short of time right now.	(ir) justo de tiempo	File 5	Vocabulary Banks – Expressions with <i>time</i>
spare the time		/speə ðə taɪm/	I'd love to come with you, but I'm too busy and can't spare the time .	perder el tiempo	File 5	Vocabulary Banks – Expressions with <i>time</i>
spend too long		/spend tu:lɒŋ/	Let's not spend too long at the museum. There are lots of other things I want to see.	pasar demasiado tiempo	File 5	Vocabulary Banks – Expressions with <i>time</i>
take (me) a long time		/teɪk mi ə lɒŋ taɪm/	It's a long novel – it's going to take me a long time to finish it.	llevar(me) mucho tiempo	File 5	Vocabulary Banks – Expressions with <i>time</i>
take up all my time		/teɪk ʌp ɔ:l maɪ taɪm/	My children take up all my time . I don't have a minute to myself.	ocupar todo el tiempo (de alguien)	File 5	Vocabulary Banks – Expressions with <i>time</i>
take your time		/teɪk jɔ: taɪm/	We aren't in a hurry, so take your time .	tomarse el tiempo necesario	File 5	Vocabulary Banks – Expressions with <i>time</i>
there isn't much time left		/ðeə ɪznt mʌtʃ taɪm left/	The train leaves at 10 a.m., so there isn't much time left – hurry up!	no quedar demasiado tiempo	File 5	Vocabulary Banks – Expressions with <i>time</i>
the whole time		/ðə həʊl taɪm/	He spent the whole time on his phone and hardly spoke to me at lunch.	todo el tiempo	File 5	Vocabulary Banks – Expressions with <i>time</i>
this time next week		/ðɪs taɪm nekst wi:k/	This time next week , I'll be lying on the beach.	la semana que viene a esta misma hora	File 5	Vocabulary Banks – Expressions with <i>time</i>
time-consuming	adj	/taɪm kən'sju:mɪŋ/	Filling in your tax return is incredibly time-consuming .	que requiere mucho tiempo	File 5	Vocabulary Banks – Expressions with <i>time</i>
time off	n	/taɪm ɒf/	I'm working too hard. I need to take some time off .	tiempo libre	File 5	Vocabulary Banks – Expressions with <i>time</i>
time on my hands		/taɪm ɒn maɪ hændz/	My mum has got time on her hands since she retired.	(tener) todo el tiempo del mundo	File 5	Vocabulary Banks – Expressions with <i>time</i>
time's up		/taɪmz ʌp/	Time's up . The exam is over.	el tiempo se ha acabado	File 5	Vocabulary Banks – Expressions with <i>time</i>
waste a lot of time		/weɪst ə lɒt ɒv taɪm/	I waste a lot of time playing video games.	perder un montón de tiempo	File 5	Vocabulary Banks – Expressions with <i>time</i>
with time to spare		/wɪð taɪm tə speə/	We left early and got to the airport with time to spare .	con tiempo de sobra	File 5	Vocabulary Banks – Expressions with <i>time</i>
account	n	/ə kaʊnt/	I have opened a new bank account .	cuenta	File 5	Vocabulary Banks – Money
affluent	adj	/æfluənt/	My boss lives in an affluent neighbourhood.	acudalado	File 5	Vocabulary Banks – Money
balance	n	/bəleɪns/	I usually use a cash machine to check my balance .	saldo	File 5	Vocabulary Banks – Money
borrow	v	/bəraʊ/	I borrowed some money from my parents to pay the bills.	tomar prestado	File 5	Vocabulary Banks – Money
broke	adj	/brəʊk/	Can I borrow some money? I'm broke .	(estar) sin blanca	File 5	Vocabulary Banks – Money
budget	n	/bʌdʒɪt/	We needed a new assistant, but the department had no budget to hire anyone.	presupuesto	File 5	Vocabulary Banks – Money
can't afford	v	/kɑ:nt ə'fɔ:d/	Many young people can't afford to buy a home.	no poder permitirse (algo)	File 5	Vocabulary Banks – Money
charity	n	/tʃærəti/	She volunteers for a charity in her free time.	organización benéfica	File 5	Vocabulary Banks – Money
consumer society	n	/kən'sju:mə sə'saɪətɪ/	We live in a consumer society where everybody wants to buy something new.	sociedad de consumo	File 5	Vocabulary Banks – Money
cost of living	n	/kɒst ɒv 'lɪvɪŋ/	People's income has gone up, but inflation is high so the cost of living has also risen.	coste de la vida	File 5	Vocabulary Banks – Money
currency	n	/kʌrənsɪ/	What's the currency in Vietnam? Is it the Vietnamese dong?	divisa	File 5	Vocabulary Banks – Money
deposit	n	/dɪ'pɒzɪt/	We have already paid a deposit on the house.	fianza	File 5	Vocabulary Banks – Money
donation	n	/dəʊ'neɪʃn/	My dad often gives donations to charities.	donación	File 5	Vocabulary Banks – Money
exchange rate	n	/ɪks'tʃeɪndʒ reɪt/	Our currency is unstable and exchange rates fluctuate a lot.	tipo de cambio	File 5	Vocabulary Banks – Money
fare	n	/feə/	What's the bus fare these days?	precio del billete	File 5	Vocabulary Banks – Money
fee	n	/fi:/	My lawyer charges an unreasonably high fee .	tarifa	File 5	Vocabulary Banks – Money
fine	n	/faɪn/	I had to pay a parking fine .	multa	File 5	Vocabulary Banks – Money
go bankrupt	v	/ɡəʊ 'bæŋkrʌpt/	A lot of small businesses went bankrupt during the recession.	quebrar	File 5	Vocabulary Banks – Money
grant	n	/ɡrɑ:nt/	He has been offered a grant to go to Harvard University for a term.	beca	File 5	Vocabulary Banks – Money
hard up	adj	/hɑ:d ʌp/	I'm always hard up by the end of the month.	(estar) tieso	File 5	Vocabulary Banks – Money
income	n	/ɪn'kʌm/	My income covers all my basic necessities, but I can't afford luxuries.	sueldo	File 5	Vocabulary Banks – Money

English File

C1

Fourth edition

Wordlist – Castellano

Here is a list of useful or new words from the *English File 4th edition Advanced Student's Book*.

adj = adjective adv = adverb n = noun n pl = plural noun phr v = phrasal verb v = verb

English	Part of speech	Pronunciation	Example sentence	Castellano	File	Section
in debt	adj	/ɪn deɪt/	A lot of people are in debt and can't afford to buy their first home.	endeudado	File 5	Vocabulary Banks – Money
inflation	n	/ɪn fleɪʃn/	Inflation is high, so the cost of living increases each year.	inflación	File 5	Vocabulary Banks – Money
instalment	n	/ɪn'stəlmənt/	We paid for the car in instalments .	plazo	File 5	Vocabulary Banks – Money
interest rate	n	/ɪntərəst reɪt/	People who have loans have to pay high interest rates .	tipo de interés	File 5	Vocabulary Banks – Money
lawyer	n	/ˈlɔːjə/	She studied law, but she never worked as a lawyer .	abogado	File 5	Vocabulary Banks – Money
legal document	n	/ˈliːɡl dɒkjʊmənt/	You need a legal document if you want to prove who you are.	documentación	File 5	Vocabulary Banks – Money
lend	v	/lend/	My parents lent me some money to pay the bills.	prestar	File 5	Vocabulary Banks – Money
loaded	adj	/ləʊdɪd/	You don't know what money problems are. You're loaded !	(estar) forrado	File 5	Vocabulary Banks – Money
loan	n	/ləʊn/	I had to take out a loan to buy a new car.	préstamo	File 5	Vocabulary Banks – Money
lump sum	n	/lʌmp sʌm/	She was given a lump sum when she was made redundant.	cantidad única	File 5	Vocabulary Banks – Money
make payments	v	/meɪk ˈpeɪmənts/	I never use online banking to make payments .	efectuar pagos	File 5	Vocabulary Banks – Money
make transfers	v	/meɪk ˈtrænsfəːz/	Can you make transfers into your bank account from your computer?	hacer transferencias	File 5	Vocabulary Banks – Money
manage your accounts	v	/ˈmænɪdʒ ʃɔːr ə kaʊnts/	Online banking is a convenient way for people to manage their accounts .	gestionar tus cuentas	File 5	Vocabulary Banks – Money
mortgage	n	/ˈmɔːɡɪdʒ/	I can't get a mortgage because I don't earn much money.	hipoteca	File 5	Vocabulary Banks – Money
occasion	n	/əˈkeɪʒn/	I've seen her on several occasions this week.	ocasión	File 5	Vocabulary Banks – Money
particular	adj	/pəˈtɪkjələ/	Is there any particular type of car you'd like to see?	particular	File 5	Vocabulary Banks – Money
payment	n	/ˈpeɪmənt/	There will be a penalty for late payment of the bills.	pago	File 5	Vocabulary Banks – Money
penniless	adj	/ˈpenɪləs/	She arrived in 1978 as a virtually penniless refugee.	sin dinero	File 5	Vocabulary Banks – Money
property	n	/ˈprɒpəti/	He invested in property and lost most of his money.	bienes inmuebles	File 5	Vocabulary Banks – Money
punishment	n	/ˈpʌnɪʃmənt/	I had to pay a fine as punishment for not returning the books to the library.	castigo	File 5	Vocabulary Banks – Money
quid	n	/kwɪd/	This hot only cost me five quid in a charity shop.	libra	File 5	Vocabulary Banks – Money
quote	n	/kwəʊt/	I got the builder to give me a quote , but it was so expensive we decided to do it ourselves.	presupuesto	File 5	Vocabulary Banks – Money
recession	n	/rɪˈseɪʃn/	The economy is in recession and small businesses are suffering.	recesión	File 5	Vocabulary Banks – Money
shares	n pl	/ʃeəz/	Some people make money by buying and selling shares on the stock market.	acciones	File 5	Vocabulary Banks – Money
standard of living	n	/ˈstændəd əv ˈlɪvɪŋ/	The standard of living in many European countries is lower than it was years ago.	nivel de vida	File 5	Vocabulary Banks – Money
stock market	n	/stɒk ˈmɑːkɪt/	Some people make money by buying and selling shares on the stock market .	bolsa	File 5	Vocabulary Banks – Money
wealthy	adj	/ˈwelθi/	He was a wealthy old man. He lived in a mansion and had a luxury yacht.	adinerado	File 5	Vocabulary Banks – Money
well-off	adj	/wel əf/	His family are quite well-off .	puiente	File 5	Vocabulary Banks – Money
will	n	/wɪl/	My mum left me all her paintings in her will .	testamento	File 5	Vocabulary Banks – Money
a rip-off	n	/ə ˈrɪp əf/	20 pounds for a pizza? What a rip-off !	(ser) un timo	File 5	Money
in the black	adj	/ɪn ðə blæk/	We managed to stay in the black this year, so we might have enough money for a short holiday.	(no entrar) en números rojos	File 5	Money
in the red	adj	/ɪn ðə red/	I'm in debt – my account is £200 in the red .	(estar) en números rojos	File 5	Money
cost an arm and a leg		/kɒst ən ə m ən ə leg/	My cousin's wedding dress cost an arm and a leg – it was made by a top designer.	costar un ojo de la cara	File 3	Money
live beyond (one's) means		/lɪv bi ˈjɒnd wənz miːnz/	I'm not surprised they went bankrupt. They were clearly living beyond their means .	vivir por encima de las posibilidades (de uno)	File 5	Money
make ends meet		/meɪk endz miːt/	I can't make ends meet ever since I got fired.	llegar a fin de mes	File 5	Money
money doesn't grow on trees		/ˈmʌni ˈdʌznt grəʊ ɒn triːz/	I'd love to go on holiday, but money doesn't grow on trees .	el dinero no crece en los árboles	File 5	Money
tight-fisted	adj	/taɪt ˈfɪstɪd/	I wouldn't waste my time asking him for money. He's tight-fisted .	agarrado	File 5	Money
air-conditioned	adj	/ə ˈeə kən dɪʃnd/	In the summer, I spend most of my time in air-conditioned buildings.	climatizado	File 6	Compound adjectives
dead-end	adj	/ded end/	He's in a dead-end job in a factory.	sin porvenir	File 6	Compound adjectives
eco-friendly	adj	/ˈiːkəʊ ˈfrendli/	Is your new fridge eco-friendly ?	respetuoso con el medioambiente	File 6	Compound adjectives
extra-curricular	adj	/ekstrə kə ˈrɪkjələ/	My son does lots of extra-curricular activities after school, like cooking and tennis.	(actividades) complementarias	File 6	Compound adjectives
feel-good	adj	/fiːl ɡʊd/	I usually watch a feel-good movie when I'm down.	que hace sentir bien (a uno)	File 6	Compound adjectives
ground-breaking	adj	/ˈɡraʊnd ˈbreɪkɪŋ/	I'm reading a paper on ground-breaking research. This will change the world of medicine!	revolucionario	File 6	Compound adjectives

English File

C1

Fourth edition

Wordlist – Castellano

Here is a list of useful or new words from the *English File 4th edition Advanced Student's Book*.

adj = adjective adv = adverb n = noun n pl = plural noun phr v = phrasal verb v = verb

English	Part of speech	Pronunciation	Example sentence	Castellano	File	Section
high-heeled	adj	/haɪ hiːld/	How can you wear high-heeled shoes on a trekking trip?	de tacón	File 6	Compound adjectives
high-pitched	adj	/haɪ pɪtʃt/	I can't stand his high-pitched voice.	agudo	File 6	Compound adjectives
labour-saving	adj	/ˈleɪbə ˈseɪvɪŋ/	The washing machine was probably my mum's favourite labour-saving device.	que ahorra trabajo	File 6	Compound adjectives
life-changing	adj	/ˈlaɪf ˈtʃeɪndʒɪŋ/	Being in an accident was a life-changing experience for him.	que cambia la vida	File 6	Compound adjectives
low-cost	adj	/ləʊ kɒst/	Have you ever travelled on a low-cost airline?	de bajo coste	File 6	Compound adjectives
small-scale	adj	/smɔːl ˈskeɪl/	Small-scale pleasures make me very content with my life.	pequeño (placer)	File 6	Compound adjectives
well-behaved	adj	/wel biː ˈheɪvd/	Children who are not well-behaved will be asked to leave.	bien educado	File 6	Compound adjectives
well-known	adj	/wel nəʊn/	We went to a fantastic exhibition by a well-known artist.	conocido	File 6	Compound adjectives
worn out	adj	/wɔːn aʊt/	You need to replace those running shoes. They're worn out .	gastado	File 6	Compound adjectives
broadband	n	/ˈbrɒd.bænd/	If I didn't have fast broadband , I wouldn't be able to work from home.	banda ancha	File 6	Phones and technology
contacts	n pl	/ˈkɒntæktz/	I can give you her phone number if you want. She's in my list of contacts .	contactos	File 6	Phones and technology
coverage	n	/ˈkʌvərɪdʒ/	There wasn't any mobile coverage in the village, so I couldn't call you.	cobertura	File 6	Phones and technology
download	v	/daʊn ˈləʊd/	Films can take a long time to download .	descargarse	File 6	Phones and technology
get through	phr v	/ɡet θruː/	I called you at the office, but I couldn't get through . The line was busy.	contactar	File 6	Phones and technology
hang up	phr v	/hæŋ ʌp/	Sorry, I have to hang up now. My flight is about to board.	colgar	File 6	Phones and technology
keyboard	n	/ˈkiːboʊd/	Using the mouse is quicker than typing it on the keyboard .	teclado	File 6	Phones and technology
keypad	n	/ˈkiːpæd/	The keypad on my home phone doesn't work. I have to buy a new one.	teclado numérico	File 6	Phones and technology
passcode	n	/ˈpɑːskəʊd/	Please enter the passcode to connect to the network.	clave de acceso	File 6	Phones and technology
password	n	/ˈpɑːswɜːd/	Your password to access your online bank account shouldn't be too easy to guess.	contraseña	File 6	Phones and technology
pop-up	n	/ˈpɒp ʌp/	I like reading the paper online, but I find advertising pop-ups very annoying.	ventana emergente	File 6	Phones and technology
put (someone) through	phr v	/put ˈsʌmwʌn θruː/	If you hold, I'll put you through to the Accounts department.	poner (a alguien) con	File 6	Phones and technology
screen	n	/skriːn/	My eyes are tired from looking at the screen all day.	pantalla	File 6	Phones and technology
scroll	v	/skraʊl/	If you scroll down the page, you'll see the attachment at the bottom.	desplazarse hacia abajo (por la pantalla/página)	File 6	Phones and technology
settings	n pl	/ˈsetɪŋz/	If you want to change the time on your mobile, go to the settings .	ajustes	File 6	Phones and technology
signal	n	/ˈsɪɡnəl/	In the country, the mobile signal was very weak and nobody could contact us.	señal	File 6	Phones and technology
stream	v	/striːm/	You don't need to download the video. You can just stream it.	emisión en continuo	File 6	Phones and technology
swipe	v	/swaɪp/	You have to swipe up to unlock the phone.	deslizar (el dedo)	File 6	Phones and technology
switch off	v	/swɪtʃ ɒf/	The laptop switched off when it ran out of battery.	apagar	File 6	Phones and technology
top up	phr v	/tɒp ʌp/	I need to top up my mobile phone.	recargar	File 6	Phones and technology
touch screen	n	/tʌtʃ skriːn/	Some people find it difficult to use mobiles with touch screens .	pantalla táctil	File 6	Phones and technology
unplug	v	/ʌn ˈplʌɡ/	You can unplug your phone now. It's fully charged.	deseenchufar	File 6	Phones and technology
update	n	/ˈʌpdeɪt/	You should set up automatic updates .	actualización	File 6	Phones and technology
wi-fi	n	/ˈwaɪ faɪ/	You could get rid of a few cables if you had wi-fi .	wifi	File 6	Phones and technology
accustomed to	adj	/ə ˈkʌstəməd tə/	People are so accustomed to fake news that they can't tell what's true and what isn't.	acostumbrado	File 6	Adjectives + prepositions
addicted to	adj	/ə ˈdɪktɪd tə/	Are you addicted to your phone?	adicto	File 6	Adjectives + prepositions
attached to	adj	/ə ˈtæʃtɪd tə/	Reducing is difficult while people are so attached to their cars.	encarriñado	File 6	Adjectives + prepositions
aware of	adj	/ə ˈweə ɒv/	Most parents are aware of the negative effects of too much screen time.	consciente	File 6	Adjectives + prepositions
dependent on	adj	/dɪ ˈpendənt ɒn/	I refuse to be dependent on a smartphone to have a social life.	dependiente de	File 6	Adjectives + prepositions
dissatisfied with	adj	/dɪ ˈsɒtsɪsfɪd wɪð/	My dad is really dissatisfied with his mobile phone network.	descontento con	File 6	Adjectives + prepositions
fed up with	adj	/fed ʌp wɪð/	People are fed up with all these traffic jams.	harto de	File 6	Adjectives + prepositions
hooked on	adj	/hʊkt ɒn/	A lot of people are hooked on American TV series.	enganchado	File 6	Adjectives + prepositions
keen on	adj	/kiːn ɒn/	Couples are not as keen on getting married as they used to be.	entusiasta con	File 6	Adjectives + prepositions
mad about	adj	/mæd ə ˈbaʊt/	Lots of teenagers are mad about football.	loco por	File 6	Adjectives + prepositions

English File

C1

Fourth edition

Wordlist – Castellano

Here is a list of useful or new words from the *English File 4th edition Advanced Student's Book*.

adj = adjective adv = adverb n = noun n pl = plural noun phr v = phrasal verb v = verb

English	Part of speech	Pronunciation	Example sentence	Castellano	File	Section
obsessed with	adj	/əb sɛst wɪð/	A lot of people are obsessed with celebrities.	obsesionado con	File 6	Adjectives + prepositions
open to	adj	/əʊpən tə/	Some older people aren't as open to new ideas as younger people are.	abierto a	File 6	Adjectives + prepositions
sick of	adj	/sɪk əv/	People are sick of being bombarded with depressing news.	harto de	File 6	Adjectives + prepositions
suspicious of	adj	/sə spɪʃəs əv/	My grandparents are quite suspicious of social media and don't use it.	(mostrarse) receloso de	File 6	Adjectives + prepositions
unsuitable for	adj	/ʌn su təbl fə /	If TV programmes are unsuitable for children, they have to be shown after 9 p.m.	inapropiado para	File 6	Adjectives + prepositions
antivirus	adj	/əntɪvʌrəs/	I need to install a new antivirus program on my computer.	antivirus	File 7	Vocabulary Banks – Prefixes
autofocus	n	/ə təu fəʊkəs/	I always use autofocus when I take photos.	enfoque automático	File 7	Vocabulary Banks – Prefixes
biannual	adj	/baɪ ænjʊəl/	The committee has biannual meetings in October and March.	biannual	File 7	Vocabulary Banks – Prefixes
coexist	v	/kəʊɪg zɪst/	Several different species now coexist peacefully side by side.	coexistir	File 7	Vocabulary Banks – Prefixes
demystify	v	/dɪ mɪstɪfaɪ/	Will you demystify the workings of this new program for me?	desentrañar	File 7	Vocabulary Banks – Prefixes
devalue	v	/dɪ vælju /	The pound was devalued against the US dollar.	devaluarse	File 7	Vocabulary Banks – Prefixes
disagree	v	/dɪsə grɪ /	He thinks we should buy a new car. But I disagree .	no estar de acuerdo	File 7	Vocabulary Banks – Prefixes
discontinue	v	/dɪskən tɪnju /	The company has decided to discontinue the free gym membership.	suspender	File 7	Vocabulary Banks – Prefixes
disembark	v	/dɪsɪm bə k/	We had just disembarked from the boat and felt a bit dizzy.	desembarcar	File 7	Vocabulary Banks – Prefixes
dishonest	adj	/dɪs ɒnɪst/	I don't like him. I think he's dishonest .	deshonesto	File 7	Vocabulary Banks – Prefixes
illegitimate	adj	/ɪlə dʒɪtəmət/	They were fired from their jobs for illegitimate reasons.	(por hacer algo) ilícito	File 7	Vocabulary Banks – Prefixes
illiterate	adj	/ɪ lɪtərət/	A large percentage of the rural population was illiterate in the 1800s.	analfabeto	File 7	Vocabulary Banks – Prefixes
illogical	adj	/ɪ lɒdʒɪkəl/	I don't think you are right. Your conclusion is illogical .	ilógico	File 7	Vocabulary Banks – Prefixes
ill-treated	adj	/ɪ lɪ tɪtɪd/	As a child, she was ill-treated by her stepmother.	maltratado	File 7	Vocabulary Banks – Prefixes
immobile	adj	/ɪ məʊəbəl/	He stood immobile by the window, watching us depart.	inmóvil	File 7	Vocabulary Banks – Prefixes
immoral	adj	/ɪ məərəl/	Stealing is not only illegal, it is also immoral .	inmoral	File 7	Vocabulary Banks – Prefixes
impersonal	adj	/ɪm pə sənəl/	I don't like big companies. They tend to be impersonal .	impersonal	File 7	Vocabulary Banks – Prefixes
impractical	adj	/ɪm prækɪtɪkəl/	It was an impractical idea and nobody thought it would work.	poco práctico	File 7	Vocabulary Banks – Prefixes
inappropriate	adj	/ɪnə prəʊpɪət/	Do you think colourful clothes are a bit inappropriate for a funeral?	inadecuado	File 7	Vocabulary Banks – Prefixes
incapable	adj	/ɪn kəpəbəl/	My children are incapable of working by themselves.	incapaz	File 7	Vocabulary Banks – Prefixes
incoherent	adj	/ɪn kəʊ hərənt/	His speech was incoherent and nobody understood it.	incoherente	File 7	Vocabulary Banks – Prefixes
incompetent	adj	/ɪn kɒmpɪtənt/	I won't work with him again. He's completely incompetent .	incompetente	File 7	Vocabulary Banks – Prefixes
inhospitable	adj	/ɪnho spɪtəbəl/	The Atacama Desert must be an inhospitable place to live.	inhóspito	File 7	Vocabulary Banks – Prefixes
intergovernmental	adj	/ɪntəgəvən məntəl/	There will be an intergovernmental conference to look at climate change.	intergubernamental	File 7	Vocabulary Banks – Prefixes
irrational	adj	/ɪ ræjənəl/	Fear of spiders is pretty irrational .	irracional	File 7	Vocabulary Banks – Prefixes
irregular	adj	/ɪ rɛgjələ/	My attendance at the gym has been very irregular this term.	irregular	File 7	Vocabulary Banks – Prefixes
irrelevant	adj	/ɪ rɛləvənt/	It is irrelevant if I believe your excuses or not.	irrelevante	File 7	Vocabulary Banks – Prefixes
irreplaceable	adj	/ɪrɪ pleɪsəbəl/	These antiques are irreplaceable .	irreemplazable	File 7	Vocabulary Banks – Prefixes
microorganism	n	/maɪkrəʊ ɔ gənɪzəm/	Bacteria are microorganisms which often cause disease.	microorganismo	File 7	Vocabulary Banks – Prefixes
misunderstand	v	/mɪsʌndə stænd/	Sorry, I misunderstood you. I thought you weren't coming.	entender mal	File 7	Vocabulary Banks – Prefixes
monosyllabic	adj	/mɒnəsɪləbɪk/	A lot of common English verbs are monosyllabic .	monosilábico	File 7	Vocabulary Banks – Prefixes
multivitamins	n pl	/mʌltɪ vɪtəmɪnz/	The doctor told me to take multivitamins because I was feeling a bit weak.	multivitaminas	File 7	Vocabulary Banks – Prefixes
outgrow	v	/aʊt grəʊ/	My daughter has outgrown most of her clothes.	quedarse pequeño (algo a alguien)	File 7	Vocabulary Banks – Prefixes
outnumber	v	/aʊt nʌmbə/	The demonstrators outnumber the police.	superar en número	File 7	Vocabulary Banks – Prefixes
outpatient	n	/aʊtpetɪnt/	I have to go to the hospital twice a week as an outpatient .	paciente externo	File 7	Vocabulary Banks – Prefixes
outsirts	n pl	/aʊtskɪts/	He lives on the outsirts of the city and gets a bus into the centre.	afueras	File 7	Vocabulary Banks – Prefixes
postgraduate	n	/pəʊst grædʒʊeɪt/	I'm doing a postgraduate course in literary translation.	posgrado	File 7	Vocabulary Banks – Prefixes
precondition	n	/prɪ kən dɪʃn/	A ceasefire is an essential precondition for any negotiation.	prerrequisito	File 7	Vocabulary Banks – Prefixes

English File

C1

Fourth edition

Wordlist – Castellano

Here is a list of useful or new words from the *English File 4th edition Advanced Student's Book*.

adj = adjective adv = adverb n = noun n pl = plural noun phr v = phrasal verb v = verb

English	Part of speech	Pronunciation	Example sentence	Castellano	File	Section
rebuild	v	/riˈbɪld/	The whole town was rebuilt after the earthquake.	reconstruir	File 7	Vocabulary Banks – Prefixes
substandard	adj	/sʌbˈstændəd/	This work is totally substandard . It's not acceptable.	poco satisfactorio	File 7	Vocabulary Banks – Prefixes
superhuman	adj	/suˈpəˈhjuːmən/	When she lifted him up, she seemed to have superhuman strength.	sobrehumana	File 7	Vocabulary Banks – Prefixes
unattractive	adj	/ʌnəˈtræktɪv/	What makes a voice sound unattractive to you?	poco atractivo	File 7	Vocabulary Banks – Prefixes
understaffed	adj	/ʌndəˈstɑːft/	This restaurant is really understaffed . They clearly need to hire more waiters.	falto de personal	File 7	Vocabulary Banks – Prefixes
undo	v	/ʌnˈduː/	Why don't you try to undo the damage?	deshacer	File 7	Vocabulary Banks – Prefixes
unhelpful	adj	/ʌnˈhelpfl/	My children are unhelpful in the house and try to avoid doing any jobs.	(estar) poco dispuesto a ayudar	File 7	Vocabulary Banks – Prefixes
unofficial	adj	/ʌnəˈfɪʃl/	Unofficial estimates put the figure at two million.	extraoficial	File 7	Vocabulary Banks – Prefixes
upgrade	v	/ʌpˈɡreɪd/	I was incredibly lucky on my flight to New York. I was upgraded to business class!	mejorar	File 7	Vocabulary Banks – Prefixes
antifreeze	n	/ˈæntɪfriːz/	Always remember to put antifreeze on the car when it's very cold weather.	anticongelante	File 7	Word formation: prefixes
illegal	adj	/ɪˈliːɡl/	It's illegal to park on the road if it has yellow lines.	ilegal	File 7	Word formation: prefixes
illegible	adj	/ɪˈledʒəbl/	I can't read my doctor's handwriting. It's almost illegible .	ilegible	File 7	Word formation: prefixes
ill-equipped	adj	/ɪlˈɪkwɪpt/	The expedition failed because they were ill-equipped .	mal equipado	File 7	Word formation: prefixes
inability	n	/ɪˈnæbɪləti/	His inability to concentrate on anything really irritates me.	incapacidad	File 7	Word formation: prefixes
inconvenient	adj	/ɪnˈkɒnˈviːniənt/	Having to take care of my sister's dogs is terribly inconvenient .	molesto	File 7	Word formation: prefixes
microplastic	n	/ˈmaɪkrəʊplæstɪk/	7% of microplastic in the sea comes from paint used for marking roads.	microplásticos (pl.)	File 7	Word formation: prefixes
misjudge	v	/mɪsˈdʒʌdʒ/	I completely misjudged my new colleague, but now I see I was wrong.	juzgar mal	File 7	Word formation: prefixes
misspell	v	/mɪsˈspel/	It's easy to misspell words when you're typing quickly.	escribir mal	File 7	Word formation: prefixes
outdoor	adj	/ˈaʊtɔː/	The hotel has an outdoor swimming pool.	(de) exterior	File 7	Word formation: prefixes
outsell	v	/aʊtˈsel/	Bottled water outsells all other soft drinks.	superar en ventas	File 7	Word formation: prefixes
overcharge	v	/əʊvəˈtʃɑːdʒ/	I'm not coming back to this restaurant. They have clearly overcharged us.	cobrar de más	File 7	Word formation: prefixes
overweight	adj	/əʊvəˈweɪt/	Being overweight leads to many health issues.	con sobrepeso	File 7	Word formation: prefixes
regrow	v	/ˈriːɡrəʊ/	Starfish can regrow a whole new body from a single arm.	regenerar	File 7	Word formation: prefixes
rewrite	v	/riˈraɪt/	You should rewrite this paragraph. It's unclear.	reescribir	File 7	Word formation: prefixes
submarine	n	/sʌbməˈriːn/	Listening to the radio is virtually impossible on a submarine .	submarino	File 7	Word formation: prefixes
uncurl	v	/ʌnˈkɜːl/	Tea leaves uncurl when hot water is poured on them.	formar remolinos	File 7	Word formation: prefixes
undercooked	adj	/ʌndəˈkʊkt/	Eating undercooked meat can make you very sick.	poco hecho	File 7	Word formation: prefixes
uphill	adj	/ˈʌphɪl/	It's going to be an uphill struggle to motivate the team after last week's defeat.	arduo	File 7	Word formation: prefixes
abstract	adj	/ˈæbstrækt/	The painting was so abstract that I wasn't sure what it was, but my brother thought it was a vase.	abstracto	File 7	Art
canvas	n	/ˈkænvəs/	The artist stood, looking thoughtfully at the blank canvas .	lienzo	File 7	Art
drawing	n	/ˈdɹɔːɪŋ/	He always does several drawings on paper before he starts painting.	dibujo	File 7	Art
figurative	adj	/ˈfɪɡərətɪv/	I find the realism and detail of figurative art fascinating.	figurativo	File 7	Art
frame	n	/freɪm/	I chose the most beautiful gold frame for my painting.	marco	File 7	Art
illustration	n	/ɪləˈstreɪʃn/	The thing my children most love about books are the colourful illustrations .	ilustración	File 7	Art
installation	n	/ɪnˈstɔːleɪʃn/	We saw an installation made entirely of shells at a modern art exhibition.	instalación	File 7	Art
landscape	n	/ˈlændskeɪp/	A landscape is a painting of a view of the countryside.	paisaje	File 7	Art
monument	n	/ˈmɒnjumənt/	Every city has a historical monument to celebrate its past.	monumento	File 7	Art
painting	n	/ˈpeɪntɪŋ/	I could only afford a print of my favourite Van Gogh painting to put on my wall.	cuadro	File 7	Art
portrait	n	/ˈpɔːtreɪt/	The Mona Lisa is one of the most famous portraits in art history.	retrato	File 7	Art
poster	n	/ˈpəʊstə/	There was a poster outside the gallery advertising the exhibition.	póster	File 7	Art
sculpture	n	/ˈskʌlpʃə/	He collects modern sculpture .	escultura	File 7	Art
self-portrait	n	/ˈselfˈpɔːtreɪt/	As a painter, I'm quite tempted to do a self-portrait .	autorretrato	File 7	Art
statue	n	/ˈstætʃuː/	In the town square there's a statue of a medieval king.	estatua	File 7	Art

English File

C1

Fourth edition

Wordlist – Castellano

Here is a list of useful or new words from the *English File 4th edition Advanced Student's Book*.

adj = adjective adv = adverb n = noun n pl = plural noun phr v = phrasal verb v = verb

English	Part of speech	Pronunciation	Example sentence	Castellano	File	Section
still life	n	/stiˈlaɪ/	<i>She prefers landscapes to still life.</i>	naturaleza muerta	File 7	Art
black and white		/blæk ænd waɪt/	<i>My uncle sees everything in black and white. He's not very subtle.</i>	en blanco y negro	File 7	Colour idioms
black market	n	/blæk 'mɑ:kɪ/	<i>I think he bought that painting on the black market.</i>	mercado negro	File 7	Colour idioms
grey area	n	/ɡreɪ 'eəriə/	<i>Online copyright is still a bit of a grey area.</i>	área poco definida	File 7	Colour idioms
out of the blue		/aʊt ɒv ðə bluː/	<i>We were talking about work when, out of the blue, she asked if I was married.</i>	de repente	File 7	Colour idioms
red herring	n	/red 'hɛrɪŋ/	<i>The letter was a red herring. It had nothing to do with the murder at all.</i>	pista falsa	File 7	Colour idioms
red tape	n	/red teɪp/	<i>We had to deal with so much red tape that we decided to cancel the tour.</i>	papeleo	File 7	Colour idioms
white elephant	n	/waɪt 'elɪfənt/	<i>That sculpture is a real white elephant. We don't know what to do with it.</i>	engorro	File 7	Colour idioms
white lie	n	/waɪt laɪ/	<i>Telling my friend that I liked her haircut was only a white lie – I didn't want to upset her.</i>	mentira piadosa	File 7	Colour idioms
atmosphere	n	/ˈætməsfeɪə/	<i>There was a lovely atmosphere at the local market.</i>	ambiente	File 8	Vocabulary Banks – Travel and tourism
brehtaking	adj	/ˈbreɪtkeɪkɪŋ/	<i>The views from our hotel room were brehtaking.</i>	impresionante	File 8	Vocabulary Banks – Travel and tourism
chill out	v	/tʃɪl aʊt/	<i>You've been working too much. You need to chill out now.</i>	relajarse	File 8	Vocabulary Banks – Travel and tourism
cuisine	n	/kwiːˈziːn/	<i>I love Italian cuisine, especially the fresh pasta dishes.</i>	cocina	File 8	Vocabulary Banks – Travel and tourism
dull	adj	/dʌl/	<i>The museum is pretty dull, but the café is good.</i>	aburrido	File 8	Vocabulary Banks – Travel and tourism
extend	v	/ɪk'stend/	<i>There were so many things to visit that we decided to extend our trip.</i>	alargar	File 8	Vocabulary Banks – Travel and tourism
get away from it all		/ɡet ə weɪ frəm ɪt ɔ:l/	<i>It's been a crazy time at the office. I need to book a holiday and get away from it all.</i>	desconectar de todo	File 8	Vocabulary Banks – Travel and tourism
go backpacking	v	/ɡəʊ 'bækpækɪŋ/	<i>They went backpacking in Argentina last year.</i>	viajar de mochilero	File 8	Vocabulary Banks – Travel and tourism
go camping	v	/ɡəʊ 'kæmpɪŋ/	<i>Have you decided to go camping this year?</i>	ir de acampada	File 8	Vocabulary Banks – Travel and tourism
go on holiday	v	/ɡəʊ ɒn 'hɒlədeɪ/	<i>When are you going to go on holiday? Is it next week?</i>	irse de vacaciones	File 8	Vocabulary Banks – Travel and tourism
hit the shops		/hɪt ðə ʃɒps/	<i>My new book hits the shops tomorrow. I'm so nervous.</i>	salir a la venta	File 8	Vocabulary Banks – Travel and tourism
iconic	adj	/aɪˈkɒnɪk/	<i>The Leaning Tower of Pisa is one of Italy's most iconic sights.</i>	icónico	File 8	Vocabulary Banks – Travel and tourism
imposing	adj	/ɪmˈpəʊzɪŋ/	<i>The enormous statue at the entrance to the palace is very imposing.</i>	imponente	File 8	Vocabulary Banks – Travel and tourism
impressive	adj	/ɪmˈpresɪv/	<i>The view is really impressive – you should go and have a look.</i>	impresionante	File 8	Vocabulary Banks – Travel and tourism
leisurely	adj	/ˈleɪʒəli/	<i>We took a leisurely stroll along the beach.</i>	sin prisas	File 8	Vocabulary Banks – Travel and tourism
lively	adj	/ˈlaɪvli/	<i>It's a really lively area at night.</i>	animado	File 8	Vocabulary Banks – Travel and tourism
off the beaten track		/ɒf ðə biˈtɪn træk/	<i>We found a tiny café in the backstreets of Venice, right off the beaten track.</i>	apartado	File 8	Vocabulary Banks – Travel and tourism
overcrowded	adj	/əʊvəˈkraʊdɪd/	<i>The hotel pool is always overcrowded.</i>	abarroto	File 8	Vocabulary Banks – Travel and tourism
overrated	adj	/əʊvəˈreɪtɪd/	<i>I think that restaurant is overrated. It's not as good as people say.</i>	sobrevalorado	File 8	Vocabulary Banks – Travel and tourism
picturesque	adj	/ˈpɪktʃəˈresk/	<i>We went to a very picturesque little fishing village yesterday.</i>	pintoresco	File 8	Vocabulary Banks – Travel and tourism
postpone	v	/pəˈspəʊn/	<i>My mum wasn't feeling well so we decided to postpone the trip.</i>	aplazar	File 8	Vocabulary Banks – Travel and tourism
pricey	adj	/ˈpraɪsɪ/	<i>The hotel breakfast was a bit pricey, but it was worth it.</i>	caro	File 8	Vocabulary Banks – Travel and tourism
put off	v	/ˌpʊt ɒf/	<i>We had to put off our trip to India because of extreme weather conditions.</i>	posponer	File 8	Vocabulary Banks – Travel and tourism
recharge your batteries		/riːˈtʃɑːdʒ ʒɔːˈbætrɪz/	<i>A week's holiday is all I need to recharge my batteries.</i>	cargar pilas	File 8	Vocabulary Banks – Travel and tourism
remote	adj	/riˈməʊt/	<i>The temple was really remote. We had to walk for four hours to get there.</i>	remoto	File 8	Vocabulary Banks – Travel and tourism
reschedule	v	/riːˈʃedjuːl/	<i>We'll have to reschedule the meeting.</i>	cambiar la fecha/hora	File 8	Vocabulary Banks – Travel and tourism
run-down	adj	/rʌnˈdaʊn/	<i>The main square is quite smart, but the buildings behind are very run-down.</i>	(estar) destartado	File 8	Vocabulary Banks – Travel and tourism
sample the local cuisine		/ˈsɑːmpl ðəˈləʊkəl kwiːˈziːn/	<i>When I'm visiting a foreign country, I love to sample the local cuisine.</i>	probar la comida local	File 8	Vocabulary Banks – Travel and tourism
set off	v	/set ɒf/	<i>I can't see you tomorrow. I'm setting off on a journey.</i>	partir (de viaje)	File 8	Vocabulary Banks – Travel and tourism
soak up	v	/səʊk ʌp/	<i>It was such a beautiful scene that we sat down to soak up the atmosphere.</i>	sumergirse	File 8	Vocabulary Banks – Travel and tourism
soulless	adj	/ˈsəʊləs/	<i>The modern part of the city is mainly soulless office blocks.</i>	sin alma	File 8	Vocabulary Banks – Travel and tourism
spectacular	adj	/ˈspekˈtækjələ/	<i>We saw some spectacular scenery on the road trip.</i>	espectacular	File 8	Vocabulary Banks – Travel and tourism
spoilt	adj	/spɔɪlt/	<i>The seafont has been spoilt by all the new hotels.</i>	estropeado	File 8	Vocabulary Banks – Travel and tourism
stroll	n	/straʊl/	<i>I've been working at home all day. I'm going for a stroll to get a breath of fresh air.</i>	paseo	File 8	Vocabulary Banks – Travel and tourism

English File

C1

Fourth edition

Wordlist – Castellano

Here is a list of useful or new words from the *English File 4th edition Advanced Student's Book*.

adj = adjective adv = adverb n = noun n pl = plural noun phr v = phrasal verb v = verb

English	Part of speech	Pronunciation	Example sentence	Castellano	File	Section
tacky	adj	/ˈtækɪ/	The souvenirs were all plastic Eiffel Towers and keyrings – really tacky stuff.	hortera	File 8	Vocabulary Banks – Travel and tourism
tiring	adj	/ˈtaɪərɪŋ/	What do you do to relax after a tiring day?	cansado	File 8	Vocabulary Banks – Travel and tourism
touristy	adj	/ˈtuərɪsti/	The shops are quite touristy , but we bought some nice things.	turísticas	File 8	Vocabulary Banks – Travel and tourism
unimposing	adj	/ˌʌnɪmˈpəʊzɪŋ/	The hotel entrance is unimposing , but the lobby inside is impressive.	anodino	File 8	Vocabulary Banks – Travel and tourism
unspoilt	adj	/ˌʌnˈspɔɪlt/	It's a lovely city, almost completely unspoilt by tourism.	inalterado	File 8	Vocabulary Banks – Travel and tourism
unwind	v	/ˌʌnˈwaɪnd/	You need to unwind a bit. Why don't you go for a walk?	relajarse	File 8	Vocabulary Banks – Travel and tourism
wander round	v	/ˈwɒndə raʊnd/	We wandered round the old town for hours.	deambular	File 8	Vocabulary Banks – Travel and tourism
blisters	n	/ˈblɪstə/	These shoes have given me blisters .	ampolla	File 8	Health and medicine
bruise	n	/ˈbruːz/	I fell down and got a bruise on my arm.	moratón	File 8	Health and medicine
cold	n	/kəʊld/	I've got a headache and a sore throat. I think I've caught a cold .	resfriado	File 8	Health and medicine
food poisoning	n	/fuːdˈpɔɪzənɪŋ/	We all got food poisoning after eating in that restaurant.	intoxicación alimentaria	File 8	Health and medicine
GP	n	/dʒiː piː/	I think you should go and see your GP as soon as possible.	médico de cabecera	File 8	Health and medicine
heart attack	n	/hɑːt əˈtæk/	He was only 40, but suffered a heart attack . He's going to need to watch his diet from now on.	ataque al corazón	File 8	Health and medicine
psychiatrist	n	/saɪˈkaɪətrɪst/	As a psychiatrist, he was experienced in treating mental health conditions.	psiquiatra	File 8	Health and medicine
rash	n	/ræʃ/	If I eat peanuts, I come out in a rash .	sarpullido	File 8	Health and medicine
side-effects	n pl	/saɪd ɪˈfekts/	All drugs have side-effects . Some of them can be quite bad.	efectos secundarios	File 8	Health and medicine
specialist	n	/speʃəlist/	Her GP referred her to a specialist .	especialista	File 8	Health and medicine
sprained	adj	/spreɪnd/	I couldn't walk for a week due to a sprained ankle.	esguince (en el tobillo)	File 8	Health and medicine
stroke	n	/straʊk/	The stroke left him paralysed.	ictus	File 8	Health and medicine
surgeon	n	/sɜːdʒən/	Do you know which surgeon will be operating on you?	cirujano	File 8	Health and medicine
the flu	n	/ðə fluː/	She's off sick today. I think she's got the flu .	la gripe	File 8	Health and medicine
throat infection	n	/θrəʊt ɪnˈfekʃn/	My sister needed antibiotics to get rid of a very bad throat infection .	infección de garganta	File 8	Health and medicine
treatment	n	/triːtmənt/	Doctors are very careful what treatment they give to patients.	tratamiento	File 8	Health and medicine
as blind as a bat		/əz blaɪnd əz ə bæʃ/	Your mother is as blind as a bat . She should have her eyes tested.	más ciego que un topo	File 8	Similes
as deaf as a post		/əz def əz ə pəʊst/	My grandad is as deaf as a post , so you have to speak up a little.	sordo como una tapia	File 8	Similes
as fit as a fiddle		/əz fɪt əz ə ˈfɪdl/	Thankfully, my grandmother is as fit as a fiddle . She's almost never ill.	rebosante de salud	File 8	Similes
as good as gold		/əz gʊd əz ɡəʊld/	She's been as good as gold . She took all her medicine without complaining.	(portarse) como un ángel	File 8	Similes
as quick as a flash		/əz kwɪk əz ə flæʃ/	When I pressed the button, the nurse came as quick as a flash .	como un rayo	File 8	Similes
as stubborn as a mule		/əzˈstʌbən əz ə mjuːl/	My husband is as stubborn as a mule . He refuses to go to the doctor about his back problems.	terco como una mula	File 8	Similes
as thin as a rake		/əz θɪn əz ə reɪk/	He's lost a lot of weight since his illness. He's as thin as a rake .	estar en los huesos	File 8	Similes
as tough as old boots		/əz taʃ əz əʊld buːts/	My grandparents are in their 90s, but are both as tough as old boots .	fuerte como un roble	File 8	Similes
as white as a sheet		/əz waɪt əz ə ʃiːt/	She's as white as a sheet . I think she's going to faint.	blanco como la pared	File 8	Similes
drink like a fish		/drɪŋk laɪk ə fɪʃ/	He drinks like a fish . He really ought to cut down.	beber como una esponja	File 8	Similes
eat like a horse		/iːt laɪk ə hɔːs/	Some people can eat like a horse and not put on weight.	comer como una lima	File 8	Similes
sleep like a log		/sliːp laɪk ə lɒɡ/	She sleeps like a log . I don't think she'll ever have problems with insomnia.	dormir como un tronco	File 8	Similes
works like a dream		/wɜːks laɪk ə driːm/	My new medication works like a dream . I feel so much better.	ser muy eficaz	File 8	Similes
animal charity	n	/ˌænɪməl ˈtʃærəti/	He works for an animal charity .	protectora de animales	File 9	Vocabulary Banks – Animal matters
animal rights activist	n	/ˌænɪməl raɪts ˈæktɪvɪz/	She is an animal rights activist .	defensor de los derechos de los animales	File 9	Vocabulary Banks – Animal matters
bark	v	/bɑːk/	The dog is barking . There might be someone at the door.	ladrar	File 9	Vocabulary Banks – Animal matters
beak	n	/biːk/	Male blackbirds have yellow beaks .	pico	File 9	Vocabulary Banks – Animal matters
bee	n	/biː/	I'm scared of bees . I'm allergic to their stings.	abeja	File 9	Vocabulary Banks – Animal matters
blackbird	n	/ˈblækba:d/	A blackbird has nested in my garden.	mirlo	File 9	Vocabulary Banks – Animal matters
bred in captivity		/bred ɪn kæptɪvəti/	The bear was bred in captivity .	criado en cautividad	File 9	Vocabulary Banks – Animal matters

English File

C1

Fourth edition

Wordlist – Castellano

Here is a list of useful or new words from the *English File 4th edition Advanced Student's Book*.

adj = adjective adv = adverb n = noun n pl = plural noun phr v = phrasal verb v = verb

English	Part of speech	Pronunciation	Example sentence	Castellano	File	Section
cage	n	/keɪdʒ/	I hate seeing animals in cages .	jaula	File 9	Vocabulary Banks – Animal matters
calf	n	/kɑːl/	The cow had a calf last night.	ternero	File 9	Vocabulary Banks – Animal matters
canary	n	/kəˈneəri/	Please keep the canary in the cage.	canario	File 9	Vocabulary Banks – Animal matters
chick	n	/tʃɪk/	There were a few chicks in the yard.	polluelo	File 9	Vocabulary Banks – Animal matters
claw	n	/kloː/	Be careful with the cat's claws . They're sharp.	garra	File 9	Vocabulary Banks – Animal matters
cub	n	/kʌb/	The film is about a lion cub that gets separated from its family.	cachorro	File 9	Vocabulary Banks – Animal matters
endangered species	n	/ˈɛndʒəndʒədˈspiːʃiːz/	The sea turtle is an endangered species .	especies en peligro de extinción	File 9	Vocabulary Banks – Animal matters
environment	n	/ˈɪnˌvaɪrənment/	It is important to respect natural animal environments .	medioambiente	File 9	Vocabulary Banks – Animal matters
fin	n	/fɪn/	Fish use their fins for swimming.	aleta	File 9	Vocabulary Banks – Animal matters
foal	n	/fəʊl/	I love foals . They are so beautiful.	potro	File 9	Vocabulary Banks – Animal matters
fur	n	/fɜː/	Some animals are hunted for their fur .	pelaje	File 9	Vocabulary Banks – Animal matters
goldfish	n	/ˈgəʊldɪʃ/	I have to buy a new tank for the goldfish .	pez de colores	File 9	Vocabulary Banks – Animal matters
grunt	v	/grʌn/	The pigs grunted and everybody laughed.	gruñir	File 9	Vocabulary Banks – Animal matters
hive	n	/haɪv/	There was a hive full of bees in the park near the school.	colmena	File 9	Vocabulary Banks – Animal matters
hoof / hooves	n pl	/huːf, huːvz/	They have to shoe the horse's hooves .	pezuña/pezuñas	File 9	Vocabulary Banks – Animal matters
horn	n	/hɔːn/	Rams have curved horns .	cuerno	File 9	Vocabulary Banks – Animal matters
hunted for sport		/ˈhʌntɪd fəˈspɔːt/	Some animals are hunted for sport .	cazados por deporte	File 9	Vocabulary Banks – Animal matters
inhumane conditions	n pl	/ɪnˈhjuːˈmeɪn kənˈdɪʃnz/	Chickens were transported in inhumane conditions .	condiciones inhumanas	File 9	Vocabulary Banks – Animal matters
kennel	n	/ˈkenl/	My dog usually sleeps in a kennel .	caseta	File 9	Vocabulary Banks – Animal matters
kid	n	/kɪd/	On the farm we saw some goats and their newborn kids .	cría	File 9	Vocabulary Banks – Animal matters
live in the wild		/lɪv ɪn ðəˈwaɪld/	There is a national park nearby where animals live in the wild .	vivir en libertad	File 9	Vocabulary Banks – Animal matters
meow	v	/miːəʊ/	I can hear the cat meowing from here.	maullar	File 9	Vocabulary Banks – Animal matters
neigh	v	/neɪ/	The horse neighed when it saw me.	relinchar	File 9	Vocabulary Banks – Animal matters
nest	n	/nest/	Have you seen that bird's nest ? I think there are eggs in there.	nido	File 9	Vocabulary Banks – Animal matters
paw	n	/pɔː/	The cat had white paws .	pata	File 9	Vocabulary Banks – Animal matters
protect	v	/prəˈtekt/	This organization is trying to protect animals.	proteger	File 9	Vocabulary Banks – Animal matters
puppy	n	/ˈpʌpi/	The dog had seven puppies .	cachorro	File 9	Vocabulary Banks – Animal matters
reintroduce	v	/riːntroʊˈdjuːs/	They'll try to reintroduce the bear into the wild.	reintroducir	File 9	Vocabulary Banks – Animal matters
roar	v	/rɔː/	We heard a lion roar in the reserve. It's a really scary sound!	rugir	File 9	Vocabulary Banks – Animal matters
shell	n	/ʃel/	Snail shells break easily, so don't tread on them.	concha	File 9	Vocabulary Banks – Animal matters
squeak	v	/skwiːk/	Oh no! I think I heard a mouse squeak .	chillar	File 9	Vocabulary Banks – Animal matters
stable	n	/ˈsteɪbl/	The horse was led back to the stable .	establo	File 9	Vocabulary Banks – Animal matters
tail	n	/teɪl/	The dog was wagging its tail wildly.	cola	File 9	Vocabulary Banks – Animal matters
tank	n	/tæŋk/	We bought a new fish tank . It's really big and looks great.	acuario (para peces)	File 9	Vocabulary Banks – Animal matters
treat cruelly	v	/triːtˈkruːəli/	Some people treat animals cruelly .	tratar con crueldad	File 9	Vocabulary Banks – Animal matters
twitter	v	/ˈtwɪtə/	I love to hear the birds twitter in the garden.	piar	File 9	Vocabulary Banks – Animal matters
wing	n	/wɪŋ/	The bird had a broken wing and couldn't fly.	ala	File 9	Vocabulary Banks – Animal matters
baked figs	n pl	/ˈbeɪkt fɪɡz/	Have you tried baked figs ? They're delicious.	higos asados	File 9	Vocabulary Banks – Preparing food
baking tray	n	/ˈbeɪkɪŋ treɪ/	Place the cookie dough on the baking tray and put it in the oven.	bandeja de horno	File 9	Vocabulary Banks – Preparing food
barbecued pork ribs	n pl	/ˈbɑːbɪkjʊd pɔːk rɪbz/	My favourite food is barbecued pork ribs .	costillas de cerdo a la barbacoa	File 9	Vocabulary Banks – Preparing food
biscuit	n	/ˈbɪskɪt/	Would you like some biscuits with your tea?	galleta	File 9	Vocabulary Banks – Preparing food
boiled rice	n	/ˈbɔɪld raɪs/	I'm going to prepare some boiled rice for the curry.	arroz hervido	File 9	Vocabulary Banks – Preparing food
chopped parsley	n	/ˈtʃɒptˈpɑːsli/	I like my scrambled eggs sprinkled with chopped parsley .	perejil picado	File 9	Vocabulary Banks – Preparing food

English File

C1

Fourth edition

Wordlist – Castellano

Here is a list of useful or new words from the *English File 4th edition Advanced Student's Book*.

adj = adjective adv = adverb n = noun n pl = plural noun phr v = phrasal verb v = verb

English	Part of speech	Pronunciation	Example sentence	Castellano	File	Section
chopping board	n	/ˈtʃɒpɪŋ bɔːd/	Please pass me the chopping board . I need to chop the onions.	tabla de cortar	File 9	Vocabulary Banks – Preparing food
colander	n	/ˈkɒləndə/	Drain the vegetables using a colander .	escurridor	File 9	Vocabulary Banks – Preparing food
deep-fried onion rings	n pl	/diːp fraɪd ˈɒnjən rɪŋz/	Deep-fried onion rings are one of my favourite pub snacks.	aros de cebolla fritos	File 9	Vocabulary Banks – Preparing food
food processor	n	/fuːd ˈprəʊsesə/	Why don't you use the food processor to combine the ingredients?	robot de cocina	File 9	Vocabulary Banks – Preparing food
frying pan	n	/ˈfraɪɪŋ pæn/	Use a frying pan to cook the omelette.	sartén	File 9	Vocabulary Banks – Preparing food
grated cheese	n	/ˈɡreɪtɪd tʃiːz/	Why don't you add some grated cheese to your chips?	queso rallado	File 9	Vocabulary Banks – Preparing food
grilled fillet of fish	n	/ɡrɪld ˈfiːlɪt əv fɪʃ/	I quite enjoy a grilled fillet of fish .	filete de pescado a la parrilla	File 9	Vocabulary Banks – Preparing food
kettle	n	/ˈkɛtl/	I'll put the kettle on and make some tea.	hervidor de agua	File 9	Vocabulary Banks – Preparing food
mashed potatoes	n pl	/mæʃt pəˈteɪtəʊz/	I like my salmon with mashed potatoes .	puré de patatas	File 9	Vocabulary Banks – Preparing food
melted chocolate	n	/ˈmɛltɪd ˈtʃɒkələt/	She poured some melted chocolate over the ice cream.	chocolate fundido	File 9	Vocabulary Banks – Preparing food
minced beef	n	/ˈmɪnst biːf/	My favourite lasagne is made with minced beef .	ternera picada	File 9	Vocabulary Banks – Preparing food
mixing bowl	n	/ˈmɪksɪŋ bɔʊl/	Put the flour and the water in a mixing bowl .	cuenco	File 9	Vocabulary Banks – Preparing food
omelette	n	/ˈɒmlət/	I often eat an omelette for dinner.	tortilla	File 9	Vocabulary Banks – Preparing food
peeled prawns	n pl	/piːld prəʊnz/	Add the peeled prawns to the pan and stir.	gambas peladas	File 9	Vocabulary Banks – Preparing food
poached egg	n	/pəʊtʃt eg/	I can't remember the last time I had a poached egg .	huevos escalfados	File 9	Vocabulary Banks – Preparing food
roast lamb	n	/rəʊst læm/	We generally have roast lamb on Sundays.	cerdo asado	File 9	Vocabulary Banks – Preparing food
saucepan	n	/ˈsɔːspən/	Boil the potatoes in a saucepan .	cazo	File 9	Vocabulary Banks – Preparing food
scales	n pl	/ˈskeɪlz/	Use the scales to weigh out the flour and butter.	báscula	File 9	Vocabulary Banks – Preparing food
scrambled eggs	n pl	/ˈskræmblɪd egz/	My favourite breakfast is scrambled eggs .	huevos revueltos	File 9	Vocabulary Banks – Preparing food
sieve	n	/sɪv/	Put the vegetables in a sieve to drain off the water.	colador	File 9	Vocabulary Banks – Preparing food
sliced bread	n	/ˈslaɪst bred/	Put the sliced bread in the toaster.	rebanada de pan	File 9	Vocabulary Banks – Preparing food
spaghetti	n	/ˈspæˈɡetɪ/	Many kids like spaghetti . It's just fun to eat.	espaguetis	File 9	Vocabulary Banks – Preparing food
spatula	n	/ˈspætʃələ/	I always use a spatula to empty the mixing bowl.	espátula	File 9	Vocabulary Banks – Preparing food
steamed mussels	n pl	/stiːmd ˈmʌslz/	I love the taste of steamed mussels , but they sometimes make me feel ill.	mejillones al vapor	File 9	Vocabulary Banks – Preparing food
stewed plums	n pl	/stiːd ˈplʌmz/	Have you ever cooked stewed plums ?	cruelas en compota	File 9	Vocabulary Banks – Preparing food
stuffed chicken breast	n	/stʌft ˈtʃɪkən brest/	I'm having stuffed chicken breast for dinner.	pechuga de pollo rellena	File 9	Vocabulary Banks – Preparing food
toasted sandwich	n	/ˈtəʊstɪd ˈsænwɪtʃ/	I had a toasted sandwich for lunch.	sándwich a la plancha	File 9	Vocabulary Banks – Preparing food
utensils	n pl	/juːˈtensɪz/	Some kitchen utensils are very useful.	utensilios	File 9	Vocabulary Banks – Preparing food
whipped cream	n	/wɪpt kriːm/	Try the hot chocolate with whipped cream .	nata montada	File 9	Vocabulary Banks – Preparing food
whisk	n	/wɪsk/	Beat the eggs with a whisk .	batidor	File 9	Vocabulary Banks – Preparing food
a dark horse		/əˈdɑːk hɔːs/	I think James was married before, but I'm not sure. He's a bit of a dark horse .	un enigma	File 9	Animal matters
do all the donkey work		/duː ɔːl ðə ˈdɒŋki wɜːk/	I did all the donkey work for this project. I hope to get some credit for it.	hacer todo el trabajo pesado	File 9	Animal matters
her bark is worse than her bite		/hɜː bɑːk ɪz wɜːs ðən hɜː baɪt/	My boss can seem quite aggressive, but in fact her bark is worse than her bite .	perro ladrador, poco mordeador	File 9	Animal matters
infestation	n	/ɪnfeɪˈsteɪʃn/	She had an infestation of insects in her house.	plaga	File 9	Animal matters
kill two birds with one stone		/kɪl tuː bɜːdz wɪð wʌn stəʊn/	The meeting is in Manchester so I can visit my mother and kill two birds with one stone .	matar dos pájaros de un tiro	File 9	Animal matters
like a fish out of water		/laɪk ə fɪʃ aʊt əv ˈwɔːtə/	He was like a fish out of water when we moved to London.	como pez fuera del agua	File 9	Animal matters
like water off a duck's back		/laɪk ˈwɔːtə ɒf ə dʌks bæk/	I told him everything I thought about him, but it was like water off a duck's back .	como quien oye llover	File 9	Animal matters
shellfish	n	/ˈʃɛlɪʃ/	I am extremely allergic to shellfish , so can't eat it.	marisco	File 9	Animal matters
smell a rat		/smel ə ræt/	They say no one is going to be fired, but I smell a rat .	oler a gato encerrado	File 9	Animal matters
sting	n	/stɪŋ/	A wasp sting can be really painful.	picadura	File 9	Animal matters
the lion's share		/ðə ˈlaɪənz ʃeə/	When they divorced, his wife got the lion's share of everything they owned.	la mejor parte	File 9	Animal matters
with his tail between his legs		/wɪð hɪz teɪl bɪˈtwɪn hɪz legz/	After playing so badly, he walked off with his tail between his legs .	con el rabo entre las piernas	File 9	Animal matters
conservation	n	/kənseɪˈveɪʃn/	We should spend more time and money on general conservation , not only a few endangered species.	protección	File 9	More words and phrases

English File

C1

Fourth edition

Wordlist – Castellano

Here is a list of useful or new words from the *English File 4th edition Advanced Student's Book*.

adj = adjective adv = adverb n = noun n pl = plural noun phr v = phrasal verb v = verb

English	Part of speech	Pronunciation	Example sentence	Castellano	File	Section
hunting	n	/ˈhʌntɪŋ/	Hunting for food is acceptable, but hunting for fun is not.	cazar	File 9	More words and phrases
depth	n	/depθ/	What's the depth of the water here?	profundidad	File 10	Useful words and phrases
deepen	v	/ˈdiːpən/	The water started to deepen gradually.	hacerse más profundo	File 10	Word building: adjectives, nouns, and verbs
flatness	n	/ˈflætnes/	She liked the flatness of the plain.	llanura	File 10	Word building: adjectives, nouns, and verbs
flatten	v	/ˈflætən/	The cookies will flatten slightly while cooking.	aplanar	File 10	Word building: adjectives, nouns, and verbs
height	n	/haɪt/	I'm the same height as my sister.	altura	File 10	Word building: adjectives, nouns, and verbs
heighten	v	/ˈhaɪtn/	Tension has heightened after the attack.	aumentar	File 10	Word building: adjectives, nouns, and verbs
length	n	/lenθ/	What's the length of the room?	longitud	File 10	Word building: adjectives, nouns, and verbs
lengthen	v	/ˈlenθən/	I need to lengthen this skirt.	alargar	File 10	Word building: adjectives, nouns, and verbs
shorten	v	/ˈʃɔːtn/	I need to shorten these trousers. They are too long.	acortar	File 10	Word building: adjectives, nouns, and verbs
shortness	n	/ˈʃɔːtnəs/	My grandfather suffers from shortness of breath.	falta (de)	File 10	Word building: adjectives, nouns, and verbs
strength	n	/streŋθ/	I need to gain some strength in my legs.	fuerza	File 10	Word building: adjectives, nouns, and verbs
strengthen	v	/ˈstreŋθn/	Regular exercise strengthens your muscles.	fortalecer	File 10	Word building: adjectives, nouns, and verbs
thicken	v	/ˈθɪkən/	If you want to thicken the sauce, add flour.	espesar	File 10	Word building: adjectives, nouns, and verbs
thickness	n	/ˈθɪknes/	I don't like the thickness of the sauce.	densidad	File 10	Word building: adjectives, nouns, and verbs
weaken	v	/ˈwiːkən/	The team has been weakened by injury.	debilitar	File 10	Word building: adjectives, nouns, and verbs
weakness	n	/ˈwiːknes/	He's almost unbeatable. He has no real weakness .	punto débil	File 10	Word building: adjectives, nouns, and verbs
widen	v	/ˈwaɪdn/	Here the stream widens into a river.	ensanchar(se)	File 10	Word building: adjectives, nouns, and verbs
width	n	/waɪθ/	What's the width of the river?	anchura	File 10	Word building: adjectives, nouns, and verbs
achieve	v	/əˈtʃiːv/	She is very proud of what she has achieved this year – she has worked so hard.	lograr	File 10	Words that are often confused
decline	v	/dɪˈklaɪn/	I offered to help her write the report, but she declined .	rechazar	File 10	Words that are often confused
deny	v	/dɪˈnaɪ/	My sister denied breaking Mum's new phone, but I know she did it.	negar	File 10	Words that are often confused
deplore	v	/dɪˈplɔː/	My Dad deplores how politicians behave.	desaprobar	File 10	Words that are often confused
emigrant	adj	/ˈemɪgrənt/	He was a member of an emigrant family who went to Australia decades ago.	emigrante	File 10	Words that are often confused
floor	n	/floː/	She accidentally spilled juice all over the kitchen floor .	suelo	File 10	Words that are often confused
foreigner	n	/ˈfɒrənə/	As a foreigner , things were a bit more complicated for me.	extranjero	File 10	Words that are often confused
ground	n	/graʊnd/	The ground is covered in autumn leaves.	suelo	File 10	Words that are often confused
immigrant	adj	/ˈɪmɪgrənt/	The city has a large immigrant population, with a variety of cultures and customs.	inmigrante	File 10	Words that are often confused
journey	n	/ˈdʒɜːni/	It was an eight-hour car journey to get to the coast.	viaje	File 10	Words that are often confused
outsider	n	/aʊtˈsaɪdə/	She felt like an outsider most of the time.	marginado	File 10	Words that are often confused
migrant	adj	/ˈmaɪgrənt/	The farm usually employs migrant workers in the fruit-picking season.	inmigrantes	File 10	Words that are often confused
reach	v	/riːtʃ/	When we finally reached our destination, we breathed a sigh of relief.	llegar a	File 10	Words that are often confused
reclusive	adj	/rɪˈkluːsɪv/	He lives in a solitary cottage away from the city – a reclusive lifestyle is his choice.	solitario	File 10	Words that are often confused
reserved	adj	/rɪˈzɜːvd/	It's hard to know how she's feeling, as she's reserved and unemotional.	reservado	File 10	Words that are often confused
shy	adj	/ʃaɪ/	She was a shy child and found it hard to socialize with other children.	tímido	File 10	Words that are often confused
soil	n	/sɔɪl/	You can only grow these plants in acidic soil .	tierra	File 10	Words that are often confused
stranger	n	/ˈstreɪndʒə/	When I arrived at work there was a complete stranger sitting at my desk.	desconocido	File 10	Words that are often confused
stroll	v	/straʊl/	They strolled along the river bank, enjoying the sunny afternoon.	pasear	File 10	Words that are often confused
succeed	v	/səkˈsiːd/	She succeeded in starting up her own business last year and now has two shops.	tener éxito	File 10	Words that are often confused
trip	n	/trɪp/	We went on an amazing trip to New Zealand last summer.	viaje	File 10	Words that are often confused
voyage	n	/ˈvɔɪdʒ/	The Titanic's first voyage was also its last.	viaje	File 10	Words that are often confused
walk	v	/wɔːk/	We walked together, but his pace was so fast that I couldn't keep up.	caminar	File 10	Words that are often confused
wander	v	/ˈwɒndə/	The boys wandered through the woods, with no real destination.	deambular	File 10	Words that are often confused

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