

Vocabulary

Sleep

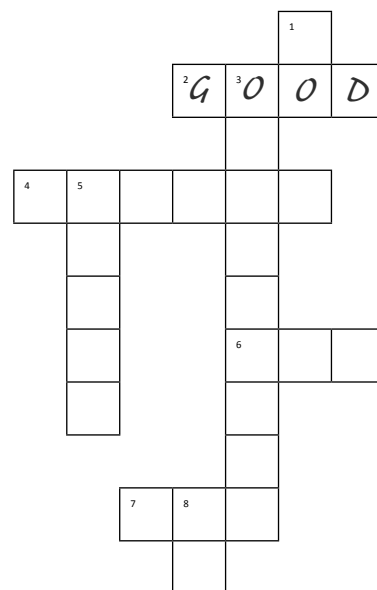
1 Complete the crossword with the correct expressions about sleep.

Across

- 2 If you have a _____ night's sleep, then you wake up refreshed and ready for the day ahead!
- 4 As soon as Rob had _____ asleep, his mother started to bake his birthday cake.
- 6 When you have to get up every day for school or work, it's great to relax and have a _____ in at the weekend!
- 7 Mary was exhausted after the long flight so she went to sleep as soon as her head _____ the pillow.

Down

- 1 If you have trouble getting _____ sleep, then you should have a hot bath and relax with some soft music.
- 3 My friend once missed a job interview because her alarm didn't go off. She _____ and missed the train.
- 5 It's impossible to sleep before an exam and most students lie _____ worrying about the next day.
- 8 I was never allowed to sleep _____ when I was a child and I still get up early now.



Time

2 Choose the correct option in *italics* in the following sentences.

- 1 I *made* / *spent* most of my time in Europe and went to as many countries as I could during my trip.
- 2 We always *find* / *have* a good time at my cousin's house – lots of laughter and great food!
- 3 She always *finds* / *sets* the time to cook delicious dinners and try new recipes.
- 4 I try to *have* / *set* aside time to do my studying and then I can go out with my friends.
- 5 Tina thinks it's a good idea to *spend* / *waste* time helping others. She volunteers at the hospital two days a week.
- 6 Why are you *passing* / *wasting* time worrying? Call him and tell him what's on your mind.
- 7 The train was delayed, so I *passed* / *took* the time by playing games on my phone.

Language focus

Conditionals

Correct the mistakes in the following sentences.

- 1 I usually ^{have} ~~had~~ breakfast at work if I need to be in the office early.
- 2 They would probably arrive early if the roads are clear tomorrow.
- 3 If I were you, I will call him and tell him how upset you are.
- 4 The team could won the league as long as they work hard and put in the hours!
- 5 If you will find £500 in your bank account, would you tell your bank it wasn't yours?